

### University of Winnipeg Spring Pow Wow

Spring is a time to celebrate a new year of beautiful warm weather, blooming plants, coming out of hibernation and being outside without a winter coat. For many students at the University of Winnipeg, spring is Final exam and assignment time. Being a student and working in the Spence Neighbourhood I am looking forward to celebrating our wonderful Winnipeg spring with the diverse and dedicated communities coming together for The University of Winnipeg's 13th Annual Spring Powwow on Saturday, March 28th in the Duckworth Centre, located at 400 Spence Street on the UWinnipeg campus.

The Powwow is hosted by the Aboriginal Student Council (ASC) and the Aboriginal Student Services Centre (ASSC) they invite you to the event that honours UWinnipeg's Aboriginal graduates. This year's theme is "Honouring Indigenous Education".

MC's for the Powwow will be Ray "Coco" Stevenson and Shaneen Robinson.

Arena Directors are Ian Hotomani and Raymond Hotomani

Community Feast will be catered by Neechi Foods and sponsored by Aboriginal Student Services Center (ASSC)

Throughout the day a number of Dance Specials will be sponsored by the U of W Pow Wow Committee as well as a Hand Drum Special.

For the 2nd year in a row there will be a Language Special for Ojibway (Anishinaabemowin) language speakers In Honour of the late Dr. Tobasonakwut Kinew and a Language Special for Cree language speakers. The specials involve sharing 2-3 minute story in Anishinaabemowin or Cree. Four Language Skaabes (helpers) will pick standout stories shared at the Language Special. Three prizes (1st, 2nd and 3rd) for Cree speakers and three prizes (1st, 2nd and 3rd) for Anishinaabemowin speakers will be awarded to contestants 35 years old and younger.

For more information on the Language Specials please email [cris.flamand@gmail.com](mailto:cris.flamand@gmail.com)

Crafters/vendors are also encouraged to contact Chantal Raynard at [powwowcrafters@gmail.com](mailto:powwowcrafters@gmail.com) to rent a table.

For more information on the Pow Wow please contact Aboriginal Student Council Powwow Coordinator Grace Redhead-Clarke at: [graceclarke@hotmail.com](mailto:graceclarke@hotmail.com)

Pipe Ceremony – 11:00 a.m.  
1st Grand Entry – 1:00 p.m.  
Community Feast – 5:00 p.m.  
2nd Grand Entry – 7:00 p.m.



**Proudly Serving the Spence Neighbourhood**

**Rob Altemeyer**  
MLA for Wolseley

Contact me any time:  
202 - 222 Furby Street | Tel: 775-8575  
[rob.altemeyer@mts.net](mailto:rob.altemeyer@mts.net) | [RobAltemeyer.ca](http://RobAltemeyer.ca)

[WWW.SPENCENEIGHBOURHOOD.ORG](http://WWW.SPENCENEIGHBOURHOOD.ORG) WE'RE ON FACEBOOK; TWITTER & INSTAGRAM: @SNACOMMUNITY

HQ: 615 Ellice Avenue Winnipeg, Manitoba R3G 0A4 Phone (204) 783-2758 Fax (204) 775-1802

430 Langside Street Winnipeg, Manitoba R3B 2T5 Phone: (204)783-5000 Fax: 1-800-515-8757

MAKARIA A. LABUN, Community Liaison Email: [liaison@spenceneighbourhood.org](mailto:liaison@spenceneighbourhood.org)

## SPENCE NEIGHBOURHOOD ASSOCIATION NEWSLETTER



April 2015



### West End 24/7 Safe Space Update

"It is our responsibility as community members and as residents of this neighbourhood to make sure we are doing all we can to provide safe spaces for those most in need, the most vulnerable members of our community. This initiative will be lead, supported and implemented by the community, for the community." -Excerpt from the West end 24/7 safe places project plan

On March 24th the West End 24/7 Safe Spaces group met and great things are happening!!! We are moving forward with plans for a youth forum on 24 hour safe spaces and community needs. Once we have the youth voice from the forum we will be able to finalize the plan and move to begin taking action to create a 24 hour safe space. We will be having one final planning meeting on Tuesday April 7th at 6:30pm at the Magnus Eliason Recreation Centre. To finalize our plan of action and set dates and plans for making action happen in our community! All are welcome to get involved and if you have some time, energy or expertise to put towards this project we need you!

Jamil | [jamil@spenceneighbourhood.org](mailto:jamil@spenceneighbourhood.org) |

### Breaking Down Barriers: an excerpt from Our West Central Times

[...] Two summers ago, my partner and I realized that people had become numb to seeing all of the police cars in our neighbourhood. In fact, the sight of a police car alone did little to dispel the fears of the community. I've learned that it is positive contact with individual police officers and the resulting respect that is forged that gives people a sense of safety and security.

to work in a more personal way with the community. While walking a beat on Sargent and Ellice Avenue, we decided to enter every store that we could, and engage everybody we passed in meaningful conversation. The topic of conversation didn't matter, but what was important was that after many face-to-face interactions, people in the community began to recognize us and appreciate our presence. Today, my partner Jeff Lesuk and I continue to work in this way.

In response to this realization, my partner and I started

**Written by: Constable Terrence Small**

### Committee & Announcements

**Safety Committee:** April 1, 6:00 PM | 615 Ellice Ave.

**Housing Committee:** April 7, 6:00 PM | 615 Ellice Ave.

**EOS Committee:** April 9, 6:00 PM | 615 Ellice Ave.

**Community Economic Development Committee:** April 13, 6:00 PM | 615 Ellice Ave.

**Youth Committee:** April 14, 6:45 PM | 430 Langside St.

**Tenants Committee:** April 20, 6:00 PM | 430 Langside St.

**SNA Board Meeting:** April 30, 5:00 PM | 430 Langside St.

**SPRING CLEAN-UP**  
April 25, 12- 3 PM



### Ribbon Skirt Workshop

Youth Outreach is pleased to have a Ribbon Skirt Workshop for teenage girls in the Spence Neighbourhood. We have an Elder passing on her knowledge of Ribbon Skirt Teachings and volunteers helping the girls to learn how to sew. Ribbon Skirts are often worn in Traditional Aboriginal Ceremonies like Sharing Circles, Sweat Lodges, Medicine Picking, Pipe Ceremonies as well as many others. The Elders joining us for the workshops will share the importance of Ribbon Skirts with the girls who attend.

We will be running the workshops from 6:00PM-8:30PM every Monday from March 23rd to April 27th, 2015 in the multi-purpose room at Magnus Eliason Recreation Centre, (430 Langside Street). After completion of these workshops, we may have opportunities to attend other ceremonies if youth are interested in learning more about Ribbon Skirts and other teachings. Please contact Cultural Integration Youth

Outreach Worker, Craig for more information.

Craig | (204) 226-1581 |  
outreach3@spenceneighbourhood.org



### Skills Bank

Are you a business owner that has dreamed of having a sidewalk patio in front of your business? Make your dream come true this coming summer season!

For patio permit assistance contact the West End BIZ and they can help with your application with the City of Winnipeg. They will assist you throughout the process from beginning to end. The West End BIZ will provide assistance with:

- A detailed patio layout plan
- Photos or sketches of fencing and furniture for patio including associated hardware used for installation
- Authorized letter from the property owner if it is different from the business owner
- Intended occupant load of patio
- Location of exit (egress) routes from patio and exit widths

### They will need the following information from you:

- Name and telephone number
- The number of existing washrooms in the restaurant including a list of toilets, urinals and sinks in each. Additionally, the information must note if the bathrooms are barrier free or not

- Existing occupant load of restaurant
  - Site plan
  - Key plan
  - Restaurant floor plan
- Please keep in mind that once a completed application is submitted to the City of Winnipeg it can take two months or more for a final decision to be made. Keep these timelines in mind when planning for your patio this summer. The sooner you can get in touch with the BIZ the faster they can assist you with preparing your application. Please note that the final decision regarding the approval of your application is made by the designated City of Winnipeg officers.

West End Biz | (204) 954-7900 |  
fernando@westendbiz.ca



### Garden Call Out

Whether you are new to gardening or have done it for years, we have space available for you! To sign up for a gardening plot fill out a gardener form available at our 615 Ellice Ave. offices. Gardeners will find out their plot number the first or second week of May. For more information please contact the Environment and Open Spaces Coordinator with the information below or come to the office!

Tanya | (204) 783-2834 |  
greenimage@spenceneighbourhood.org



### Community Connector:

Hello! It is my pleasure to introduce myself as the new Community Connector here at Spence Neighbourhood Association. I am thrilled to join the S.N.A. team in the projects and events that gather us together as a community and make our neighbourhood a safer place. I would love to meet you, so please come down to the office to introduce yourself and hear about how you can get involved in community connecting this year. Our upcoming plans include community walkabouts/safety audits, community connecting events, and the annual Community's March for Peace. Our first committee meeting of the year will be on Wednesday, April 1st at 6:00 pm. This will be a time for me to get to know you and hear about your experiences in the community. We will also discuss safety concerns and plan for the creative ways that we will bring security and wellbeing to our community this year. Dinner will be provided, and all are welcome.

Kristen Wiltshire | (204) 783-2758 |  
safety@spenceneighbourhood.org

# Spring Clean up

April 25  
12:00-3:00pm

(rain date May 2<sup>nd</sup>)

Meet at the MERC, 430 Langside  
to clean up our neighbourhood.

Lunch provided  
Community Art  
Prizes

FOR MORE INFO  
Phone 204-783-2834  
Email greenimage@  
spenceneighbourhood.org

## Household Hazardous Waste & E-Waste Drop Off

### Drop-off time and location

April 24 1:00-5:00 PM

615 Ellice Avenue

### Possible items for drop off

- |                     |                          |
|---------------------|--------------------------|
| • Household Paint   | • Aerosols               |
| • Flammable Liquids | • Personal Care Products |
| • Waste Gasoline    | • Medicine               |
| • Used Oil          | • Propane Cylinders      |
| • Antifreeze        | • Batteries              |
| • Pesticides        | • Fluorescent Lights     |
| • Toxics            | • Electronic Waste       |
| • Corrosives        |                          |

For a full list contact Tanya  
at 204-783-2834



## Are you looking for fresh and affordable fruit and vegetables?



Available every second Wednesday afternoon.

Individual bags \$8

Small bag \$15

Large/Family bag \$20

Order one week in advance at 615 Ellice Avenue.

For more information contact  
Tanya at 204.783.2834 or email [greenimage@spenceneighbourhood.org](mailto:greenimage@spenceneighbourhood.org)



## Continuing to work hard for the people of Minto

**Andrew Swan**

MLA for Minto

204-783-9860  
[AndrewSwan.ca](http://AndrewSwan.ca)



### Building Belonging

Magnus Eliason Recreation Centre (MERC)

430 Langside Street

Open to all kids ages 6-12 FREE!

Register for our school year program!

Monday-Friday 3:30 PM - 6:00 PM

Pickup from John M King and Sister MacNamara schools  
as well as Safe Walk/Drive Home are available

Congratulations to all the SNA basketballs teams for giving it their all at the playoffs this past month! What an amazing end to a great season with the Winnipeg Minor Basketball Association! Wrestling and Let's Talk Science have wrapped up, as well, for the year and we would like to thank all the volunteers and coaches from the U of W and the Wii Chiiwaakanak Centre for their enthusiasm and support during these programs.

Just before the snow melted last month we finally got out to explore the Living Prairie Museum on snowshoes, but we can't wait to head out to the local parks for skateboarding. We'll be celebrating Earth Day in April with a special outing and taking part in the Community Cleanup! We're also very excited to offer theatre workshops in partnership with Sarasvati Productions every Tuesday until a final performance on April 21. Join us to learn the basics of acting and express yourself!

### Special Thanks:

Living Prairie Museum

Art City Outreach

Dairy Farmers of Manitoba

Sarasvati Productions

U of W Let's Talk Science volunteers

U of W Wrestling Program

Allison and Lauren | (204) 783-0292 |  
[buildingbelonging@spenceneighbourhood.org](mailto:buildingbelonging@spenceneighbourhood.org)

### You Can Be Published!

Our Quarterly newspaper, made in partnership with DMSMCA is coming out in June 2015! We want to hear your voice, read your stories, and share resources and advice! We are encouraging diversity in our newspaper's content, and are accepting: articles, poems, short stories, songs, photos and more. If you want to get involved, get ideas or support for your content submission please contact our Community Liaison, by May.

Makaria | (204) 783-5000 |

[liaison@spenceneighbourhood.org](mailto:liaison@spenceneighbourhood.org)

### Community Sport Programs

With the first season at the new University of Winnipeg Health & RecPlex coming to an end, we are excited to announce that to date we are seeing approximately 900 active users every week accessing a variety of programs offered by a number of community organizations as well as the RecPlex itself. This however is just the beginning. As we move into the spring months, a number of new programs will be introduced as well as the continuation of some fan favourites.

We will be continuing to offer a number of drop-in opportunities on both the field and in the gym, including some increased hours. In addition, we will open up fields to offer some alternative drop-in opportunities such as Ultimate Frisbee and Flag Football. Structured programming has also grown to include two new martial arts classes that are being offered twice a week at no cost. For information on finding a program that best fits you or to book the space, feel free to contact the Community Sports Coordinator

Laura | (204) 988-7635 |

[sport@spenceneighbourhood.org](mailto:sport@spenceneighbourhood.org)

### Spring/Summer Soccer Registration

Registrations for soccer are now open!!! Children ages 8 - 12 are eligible to apply to our soccer program. Application forms can be found at Magnus Eliason Recreation Centre (430 Langside St.) For more information please contact the SNA Sports Coordinator.

Mubo | (204) 988-7635 |

[Sport2@spenceneighbourhood.org](mailto:Sport2@spenceneighbourhood.org)

### Our West Central Times- Editorial Committee

Our editorial committee is looking for representatives in the Spence community to help us make our newspaper the best that it can be. Help us review the paper, generate content ideas, and aid in the direction of our paper! Our next meeting is tentatively set as April 21, 2015 at 6 PM - 8 PM at 823 Ellice Avenue (by arlington @ ellice). If you are interested or want more information please contact our Community Liaison by April 15th, 2015.

Makaria | (204) 783-5000 |

[liaison@spenceneighbourhood.org](mailto:liaison@spenceneighbourhood.org)

## PAT MARTIN MP WINNIPEG CENTRE

*Proudly  
serving the  
West End*



(204) 984-1675  
[pat.martin.c1@parl.gc.ca](mailto:pat.martin.c1@parl.gc.ca)  
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**Cindy Gilroy**  
City Councillor  
Daniel McIntyre Ward



Council Building  
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[cgilroy@winnipeg.ca](mailto:cgilroy@winnipeg.ca)  
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Tel: 204-986-5951  
Fax: 204-986-3725





# APRIL 2015

The **Spence Neighbourhood Association** works with the people of Spence to revitalize and renew their community in the areas of *holistic housing, community connecting, community economic development, environment and open spaces*, and *youth & families*.

We want to connect with you!

Like us  
on Facebook:  
Spence  
Neighbourhood  
Association

Follow us  
on Twitter:  
@SNAcommunity

Look for us  
on Instagram:  
SNAcommunity



www.spenceneighbourhood.org | (204) 783-5000 | liaison@spenceneighbourhood.org

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>* April 1<sup>st</sup> - April 2<sup>nd</sup>:</b> BB Spring Break Camp Continues, Regular BB hours will resume April 7 <sup>th</sup> <b>* Spring/Summer Soccer Registration is now open!</b> Call 204-988-7635			<b>1 BB:</b> 12:00-4:30pm <b>Y:</b> 6:30-9:00pm <b>HC:</b> 4:30-7:30pm  <b>Safety Committee:</b> <b>6PM @ 615 Ellice</b>	<b>2 BB:</b> 12:00-4:30 pm <b>Y:</b> 6:30-9:00pm <b>HC:</b> 4:30-7:30pm  <b>BB: Spring Break Family BBQ, 2-4 PM @ 430 Langside (MERC)</b>	<b>3 Good Friday Closed</b>	<b>4 FP:</b> 10:00am-4:00pm <b>Y:</b> 4:00-10:00pm
<b>5 FP:</b> 10:00am-4:00pm <b>Y:</b> 4:00-10:00pm	<b>6 Easter Monday Closed</b>	<b>7 BB:</b> 3:30-6:00pm <b>Y:</b> 6:30-9:00pm <b>HC:</b> 4:30-7:30pm  <b>Housing Committee:</b> <b>6PM @ 615 Ellice</b>	<b>8 BB:</b> 3:30-6:00pm <b>Y:</b> 6:30-9:00pm <b>HC:</b> 4:30-7:30pm	<b>9 BB:</b> 3:30-6:00pm <b>Y:</b> 6:30-9:00pm <b>HC:</b> 4:30-7:30pm  <b>Environment &amp; Open Spaces Committee:</b> <b>6PM @ 615 Ellice</b>	<b>10 BB:</b> 3:30-6:00pm <b>Y:</b> 6:30-9:00pm <b>HC:</b> 4:30-7:30pm	<b>11 FP:</b> 10:00am-4:00pm <b>Y:</b> 4:00-10:00pm
<b>12 FP:</b> 10:00am-4:00pm <b>Y:</b> 4:00-10:00pm	<b>13 BB:</b> 3:30-6:00pm <b>Y:</b> 6:30-9:00pm <b>HC:</b> 4:30-7:30pm  <b>CED committee: 6PM @ 615 Ellice</b>	<b>14 BB:</b> 3:30-6:00pm <b>Y:</b> 6:30-9:00pm <b>HC:</b> 4:30-7:30pm  <b>Youth Committee:</b> <b>6:45 PM @ 430 Langside</b>	<b>15 BB:</b> 3:30-6:00pm <b>Y:</b> 6:30-9:00pm <b>HC:</b> 4:30-7:30pm	<b>16 BB:</b> no program, drop-in only 3:30-6:00pm <b>Y:</b> 6:30-9:00pm <b>HC:</b> 4:30-7:30pm	<b>17 BB:</b> 3:30-6:00pm <b>Y:</b> 6:30-9:00pm <b>HC:</b> 4:30-7:30pm	<b>18 FP:</b> 10:00am-4:00pm <b>Y:</b> 4:00-10:00pm
<b>19 FP:</b> 10:00am-4:00pm <b>Y:</b> 4:00-10:00pm	<b>20 BB:</b> 3:30-6:00pm <b>Y:</b> 6:30-9:00pm <b>HC:</b> 4:30-7:30pm  <b>Tenants Committee:</b> <b>6PM @ 430 Langside</b>	<b>21 BB:</b> 3:30-6:00pm <b>Y:</b> 6:30-9:00pm <b>HC:</b> 4:30-7:30pm	<b>22 BB:</b> 3:30-6:00pm <b>Y:</b> 6:30-9:00pm <b>HC:</b> 4:30-7:30pm	<b>23 BB:</b> 3:30-6:00pm <b>Y:</b> 6:30-9:00pm <b>HC:</b> 4:30-7:30pm	<b>24 BB:</b> no program, drop-in only 3:30-6:00pm <b>Y:</b> 6:30-9:00pm <b>HC:</b> 4:30-7:30pm  <b>E-Waste Drop-off 1-5PM @ 615 Ellice</b>	<b>25 FP:</b> 10:00am-4:00pm <b>Y:</b> 4:00-10:00pm  <b>SPRING CLEAN-UP 12PM-3PM @ 430 Langside</b>
<b>26 FP:</b> 10:00am-4:00pm <b>Y:</b> 4:00-10:00pm	<b>27 BB:</b> 3:30-6:00pm <b>Y:</b> 6:30-9:00pm <b>HC:</b> 4:30-7:30pm	<b>28 BB:</b> 3:30-6:00pm <b>Y:</b> 6:30-9:00pm <b>HC:</b> 4:30-7:30pm	<b>29 BB:</b> 3:30-6:00pm <b>Y:</b> 6:30-9:00pm <b>HC:</b> 4:30-7:30pm	<b>30 BB:</b> 3:30-6:00pm <b>Y:</b> 6:30-9:00pm <b>HC:</b> 4:30-7:30pm  <b>SNA Board Meeting:</b> <b>5pm @ 430 Langside</b>	<b>Have A Happy Long Weekend Everyone!</b>	

**NOTE: BB = Building Belonging (6-12 yrs) | Y = Youth (13-18 yrs) | FP = Free Play (6-12 yrs) | HC = Homework Club (6-18 yrs). Activities are held at 430 Langside St.**