



## ANA's Kitchen Corner

### **LOVE MONSTER ENERGY BITES**

Yield: 16   Prep time: 15 MINUTES   Total time: 15 MINUTES

#### **INGREDIENTS**

- 1 1/2 c. oatmeal (any kind will work)
- 3/4 c. peanut butter
- 2 tsp. chia seeds, optional
- 3 Tbsp. honey
- 1 1/2 tsp. vanilla extract
- 1/4 c. almonds
- 1/4 c. M&Ms
- 18 Candy Eyeballs

#### **INSTRUCTIONS**

Add everything but the M&Ms and eye candies to your food processor. Pulse until the mixture is well combined.

Scoop 2 Tablespoons into your hands and roll into an even ball. Add one eye candy and 3 M&Ms to each ball.

Store refrigerated or frozen in a sealed container.

This recipe is from: <https://www.thecreativebite.com/love-monster-energy-bites/>

**Ana's Kitchen tips:** How to Test If Baking Soda Is Still Potent

1. Toss a spoonful of baking soda into a bowl.
2. Add a splash of vinegar or lemon juice or other acidic liquid.
3. If the mixture fizzes heavily, the baking soda is still good.
4. If you don't get much of a fizz, your baking soda has gone bad.