



EVERYBODY IN THE POOL: COMMUNITY CONSULTATION NOTES

Community Consultations took place:
November 24 & 29, 2018 - 615 Ellice Ave.
December 17, 2018 - 625 Portage Ave.
January 15, 2019 - February 4, 2019 - Online

Total Participants: **34**
November 24 - 5
November 29 - 4
December 17 - 8
January 15 - February 4, 2019 - 7

This document was prepared by:
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December 31, 2018 | Updated: February 4, 2019



EVERYBODY IN THE POOL EVENT CONSULTATION INVITE FOR COMMUNITY GROUPS:

NOVEMBER 14 2018

Greetings!

We, Friends of Sherbrook Pool and Spence Neighbourhood Association, are planning an All Bodies Swim Night on January 26, 2019, and a Trans, Non-Binary, Two-Spirit Swim Night on March 9, 2019.

We value and appreciate your dedication to anti-oppression, reconciliation, harm-reduction, and body-positivity and would like to invite you and members of your group to participate in one of two community consultations:

EveryBODY in the Pool: Community Consultation

Saturday, November 24, 2018 from 1-3PM (doors open at 12:45 PM) or
Thursday, November 29, 2018 from 7-9PM (doors open at 6:45 PM)

Both consultations will be held at the Spence Neighbourhood Association's 615 Ellice Ave. location and open to individuals of all ages. Snacks (gluten and nut-free and vegan options will be available) and bus tokens will be provided.

Location accessibility:

615 Ellice Ave. is at the corner of Ellice and Maryland. Entrance to the location is on Ellice and at sidewalk level. The sidewalk is made of brick. The manual metal entrance door is positioned on an angle and pull open toward the street. This doorway entrance may be widened by a staff member, if and when needed. Once through the street entrance door, there is a small hallway with vinyl plank flooring. Once through the hallway, there is a double-door entryway into the office space. The double doors will be opened for folks to pass through. The flooring in the office is smooth rolled vinyl. The single-stall accessible and gender-neutral washroom is located on the main floor and positioned at the rear of the building. The temperature is set at 22 degrees Celsius. A large typed agenda will be projected on a white screen and also available on white letter sized paper.

Free street parking is available on Ellice or Maryland.

Bus routes: 14 and 29

Agenda:



1. Welcome and Introductions
2. Overview of All Bodies Swim Night event
 - a. Purpose
 - b. Event details
 - c. Gender-free and accessible change rooms
 - d. Swim attire
 - e. Staff/lifeguards
 - f. City of Winnipeg general pool rules we must follow
3. Overview of Trans, Non-Binary, Two-Spirit Swim Night event
 - a. Purpose
 - b. Event details
 - c. Gender-free and accessible change rooms
 - d. Swim attire
 - e. Staff/lifeguards
 - f. City of Winnipeg general pool rules we must follow
4. Brainstorm:
 - a. What would make these events rad
 - b. What would make these events not rad
 - c. What accommodations are desired and needed
 - d. Event Guidelines
 - e. Safer Space Protocols
5. General event thoughts, feelings, insights, constructive feedback, etc.
6. Overview of Volunteer Opportunities
7. Next steps
8. Adjourn

For more information or to register (with dietary and accessibility accommodations) for our community consultation, please contact Rune, SNA Community Connecting Coordinator at 204-783-5000 Ext. 106 and/or safety@spenceneighbourhood.org .

With much respect,

Rune Breckon, Community Connecting Coordinator,
Spence Neighbourhood Association
615 Ellice Ave. Winnipeg, MB R3G 0A4
204-783-5000 Ext. 106
safety@spenceneighbourhood.org

and

Bryce Byron, Treasurer,
Friends of Sherbrook Pool
823 Ellice Ave. Winnipeg, MB R3G 0C3
204-202-3137



The Friends of Sherbrook Pool is a non-profit organization dedicated to the preservation, marketing and improvement of Kinsmen Sherbrook Pool as an inner-city community facility serving aquatic, recreational, educational, social and fitness needs of City of Winnipeg residents.

The Spence Neighbourhood Association, a non-profit organization, works with the people of Spence to revitalize and renew their community in the areas of Holistic Housing, Community Connecting, Community Economic Development, Environment and Open Spaces, and Youth & Families.

CONSULTATION POSTER:

EVERYBODY IN THE POOL: COMMUNITY CONSULTATION

All Bodies Swim Night & Trans, Non-Binary, Two-Spirit Swim Night

All-ages
Family-friendly
Accessible venue
Gender-neutral washroom
Snacks
Bus tokens

Saturday, November 24, 2018

1-3PM (doors open at 12:45 PM)
615 Ellice Ave.

Thursday, November 29, 2018

7-9PM (doors open at 6:45 PM)
615 Ellice Ave.



Information/Registration:
Rune, SNA's Community Connecting Coordinator
204-783-5000 ext.106
safety@spenceneighbourhood.org





CONSULTATION QUESTIONS:

Question 1: WHAT WOULD MAKE THESE EVENTS RAD?

Themes:

- Fat-Positive
- Free (entrance, lockers, towels, swimsuits)
- Intergenerational
- Low organized and zero competition activities in the pool (games)
- Safe ride and/or walk
- Social engagement/interaction
- Swim lesson
- Topless option

Consultation notes:

- Accessible for everyone
- A gender neutral change room option
- An optional organized activity/icebreaker,
- A swimming instructor
- A time when not too many children are in the same area as 55+ folks
- Bear Clan to do safe walk
- Being all ages
- Clear guidelines
- Divided lane for lap swimming
- Easy water exercise
- Evening time
- Explicitly fat positive
- Fat positive
- Financial accessibility
- Free
- Free towels
- Fun
- Gender-free change rooms
- Getting to know each other
- Get to know more kids in the neighbourhood
- Heated pool
- If folks could go topless regardless of body type
- It would be rad if it happened
- I will be encouraged to learn how to swim
- Kid friendly
- Kid-friendly
- Knowledgeable and kind staff and volunteers
- Limit the number of swimming devices in the water



- More accessible events and spaces in the neighbourhood
- Name tags that can go in the pool
- No prejudice it would be lovely to know the others around you aren't thinking nasty things
- normalization of nudity, especially toplessness for all genders
- Organized game for part of the time
- Organizing a basketball, volleyball, or water polo game (or other water games/activities night) with little prizes. These games would not be competitive or difficult.
- People adhering to guidelines
- Pool toys
- Possibly a safe ride home for young people
- Snacks or cake for after (I know I dream big!)
- Some competition activities with prizes
- Someone to help me swim
- Someone to swim with
- Staff to be pleasant and welcoming; smiling
- Swimming is a great exercise; so a swim event will be greatly appreciated
- Swimming lessons
- There is no gender-specific swim attire
- There should be specific time assigned for seniors to swim; we don't like being mixed with young children
- Women only time; no males; no observers

Question 2: WHAT WOULD MAKE THESE EVENTS NOT RAD?

Themes:

- Assumptions about and policing of my body, identity, and/or experience
- No media at events
- People asking someone to explain something or educate them
- People attending for unintended reasons (voyeurism, fetishizing)
- People being violent (starring, assault, harassment, dead naming, using the wrong pronoun, staring, asking invasive questions)
- People not respecting boundaries

Consultation notes:

- Assumptions about my body
- Assumptions about my experience
- Assumptions about my gender identity, gender expression, gender presentation
- Barriers, if people can't come cause they don't have swim suits? Not sure how to address this.
- Being called a lady (man, gentlemen)
- Being fetishized
- Being forced into the deep end
- Creeps



- Dead names
- Evening event
- Fat-shaming
- Gendered language
- If above was restricted^ also if change rooms were binary gender segregated
- If nasty people show up
- Jerks
- Judgmental comments or individuals
- Lack of gender neutral change room option
- Loud music
- Name calling
- No media at events
- No photos
- People asking me questions about my body, experience, identity
- People asking me to educate or explain something to them
- People assaulting or harassing people
- People being judgmental
- People being rude
- People being voyeuristic
- People invading my space
- People non-consensually touching me
- People not having access to swim attire (in our marketing we need to let people know they can wear what they want, also seek out donations, ideally gift cards for ppl to buy their own, but that is expensive)
- People pointing at me
- People staring at me
- People telling me I am in the wrong change room wearing the wrong thing
- Policing of what swimsuits should be worn
- Some teens/preteens feel unsafe at events because of experiences they have had with bullying, maybe some people who bullied them will be there, so they don't go
- The pool being too crowded
- The pool not being open
- Too crowded
- Wrong pronouns

Question 3: WHAT ACCOMMODATIONS ARE DESIRED AND NEEDED?

Themes:

- Safe ride and/or walk
- Post information about the event and facility accessibility audit and accommodations on social media and websites
- Guidelines widely posted and encouraged by organizers and volunteers
- A variety of floatation devices
- A variety of accessibility accommodations



- Offer free goggles, hair dryers, lockers, swim caps, swimsuits, towels

Consultation notes:

- All gender bathrooms are great. Signage reflecting that.
- A quiet place to be if needed
- ASL interpretation/translation
- Braille interpretation/translation
- Bus routes on FB post
- Clear signage on change rooms
- Conduct a facility accessibility audit
- Cover male and female signs
- Disabled change room
- Flippers
- Floatation belt
- Floatation board (flutter/kickboard)
- Floatation device
- Free
- Free goggles
- Free hair dryers
- Free lockers
- Free swim caps
- Free swimsuit
- Free towel
- Gender neutral change room
- Gender neutral safe change rooms
- Handrails all around the pool
- Have volunteers in the pool
- I have to stay in the shallow end
- Include depth of both shallow and deep ends on FB
- Mental health worker available to talk through my stuff
- Music at a level where you can still have a conversation
- Non-binary/trans friendly spaces
- Post chairlift information on FB
- Post the number of stairs, ramps, etc. (accessibility audit) on FB
- Post the temperature of the pool on FB
- Private showers
- Resource table
- Safe ride home
- Safe walk to the bus stop
- Someone to assist with people getting in and out of the chairlift
- Someone to assist with people in the pool who need assistance
- Someone to make you feel welcome, to be comfortable there
- Take music requests before the event
- Vegan and gluten-free snacks



Question 4: WHAT ARE SOME EVENT GUIDELINES WOULD YOU SUGGEST WE HAVE?

Themes:

- Accountability
- Body-positivity
- Consensual
- We are creating and holding a positive, affirming, and inclusive space for folx who experience, navigate, and manage various aggressions, oppressions, and violences in their daily lives
- Engage
- Ensure everyone's right to privacy and dignity
- Fat-positivity
- We are here for fun; not for educational purposes
- Non-violent
- Believe survivors
- Do not make assumptions nor police people's bodies, boundaries, experiences, feelings, and/or identities
- Respect all bodies, boundaries, experiences, feelings, identities, names, pronouns, and spaces
- Hair, scars, cellulite, and markings are welcome

Consultation notes:

- 2SLGBTQ+ PDA
- All abilities appreciated
- All ages
- All bodies are honoured
- Ask first
- Assume good intent and be accountable if we cause harm
- Assumptions make an ass out of you and me
- Be mindful of the space you are taking up
- Body hair, don't care
- Body hair is okay
- Body policing is prohibited
- Body positive
- Boundaries
- Celebration of cellulite
- Consensual touch only
- Consent
- Consent for everything, including splashing!
- Dignified interactions
- Diversity is beauty
- Don't ask questions about people's scars, missing body parts, disability
- Don't make assumptions based on someone's name, appearance, gender identity or expression



- Ensure everyone's right to privacy, dignity, and confidentiality remain intact
- Everyone is welcome if they follow these guidelines, if you cannot follow these guidelines, we would like you to leave
- Fat positive
- Follow the pool rules
- Intolerance is bunk
- Know that our time is limited today; we may have more events in the future
- Limit on number of people
- Listen with an open heart and mind
- Meet everyone where they are at
- Move at your own pace
- No food shaming
- No media at events
- No misogyny, policing bodies etc.
- No overly rough splashing around
- No photos
- No policing
- No racist comments
- No shamming anyone and safety coaching
- No splashing
- No staring
- Participants could avoid gendering people they don't know or commenting on bodies, their goodness/badness
- People are here to swim, not be educators
- Poster expectations widely
- Practice self-care
- Respect
- Respect confidentiality
- Respect everyone's thoughts, feelings, identities, and experiences
- Respect for names, pronouns, bodies, identities, and experiences
- Scars and stretch marks welcome
- Self-monitor
- Some of us may need to replenish calories burnt off due to food insecurity
- Speak from your own personal experience
- Use peoples' pronouns
- Volunteers at the door prompt folx to leave your negativity at the door, big garbage can to 'throw your negativity in the garbage'
- We are all here to have fun
- We ask consent. Consent is sexy. Consent is mandatory
- Your body, your rules

Question 5: WHAT ARE SOME SAFER SPACE PROTOCOLS WE SHOULD PUT IN PLACE?

Consultation notes:



- Be tough on violations
- Contact mediation services as needed
- Educate the offender
- Frame things positively
- Have a visible person present that is designated to report incidents of harassment to
- How do lifeguards deal with this?
- Incident reports
- No rudeness or bullying
- Not sure
- Not sure about this one
- No violence- even towards judgmental folx
- One warning then you are out
- Posting whatever protocols on page and in real space like in changerooms (Eg no racism, homophobia, fatphobia, body shaming etc)
- Revisit guidelines

Question 6: ADDITIONAL ITEMS WE SHOULD CONSIDER AND/OR IMPLEMENT

- general event thoughts
- feelings
- insights
- Constructive feedback
- etc.

Themes:

- Clearly identify event purpose and who it is for when people enter the lobby via posters and people
- Guidelines and FAQ widely posted at the events and shared by organizers and volunteers
- Post information about the event (FAQ, guidelines, accessibility accommodations, etc.) on social media and websites
- Promote events using a variety of social media platforms, events pages, and organizations
- Work to make these ongoing events

Consultation notes:

- Host a theme night once a month
- Inform people what to expect:
 - 1 adult to 4 kids
 - Cost of lockers
 - Include City of Winnipeg Pool Rules
 - Locker rooms will be gender neutral during the event
 - No cell phones will be allowed in the pool area?



- No diving
- No glitter
- Number of lockers in change rooms
- Open shower/changing areas
- Photos of accessibility accommodations
- Relaxed atmosphere with no pressure to push yourself more than you want to
- Shower before entering the pool?
- Single room locking shower/changing area
- Swim attire guidelines
 - Topless swimming?
 - Swimsuits with burkas
 - Exercise/gym wear
- The focus is on meeting new people and having fun
- Volunteer roles
- Make sure people entering the building know what this event is and who is welcome
- Offer an FAQ section on Facebook Event Page and SNA and FOSP websites
- Offer swim lessons
- Offer swimming related recreational activities (with equipment related)
 - Snorkelling
 - Polo challenge
 - Exercise for arthritis
 - Aquafit/Aqua exercise
- Offer these events regularly
- Open the fitness center as well as pool
- Promote and advertise events using Instagram and posters at other pools
- Who is welcome to attend this event?
 - Some folks may need a social/emotional/physical safety network to attend
 - Limit number of support people?
 - Cis parents with trans, 2S, non-binary?
 - Cis kids of trans, 2S, non-binary parents?
 - Directing ignorant allies to volunteer to provide education
 - Limiting the number of cis support people
 - Worries that cis folks will overtake the trans, 2S, non-binary event
- Not an answer but just want to say this is a great idea :)
- You folks are doing great! Very excited for these events!

APPENDIX 1

All Bodies Swim Proposal for January 2019 Event (date and time to be determined)



Purpose:

Our one-time, free, private, family-friendly, all ages, All Bodies Swim event aims to reduce barriers for anyone who may feel unsafe, uncomfortable, and/or are body-conscious due to unjust social norms, expectations, and gender roles. Individuals may self-identify as:

Adults who are 55+, seniors, elders
Girls and women
Aboriginal, First Nation, Indigenous, Inuit, and/or Métis
Newcomers, Immigrants, refugees, and/or migrants
People living with chronic pain, illness, disease, and/or injury
People living with disabilities
People living with mental health challenges
People living with sexually transmissible and blood-borne infections (STBBIs)
People of colour
People who are Two-Spirit, Lesbian, Gay, Bisexual, Trans, Queer, Questioning, Non-binary, Asexual, Agender, Pansexual, Intersex (2SLGBTQ+)

People who experience incarceration
People who are scarred
People who are or have been precariously housed and/or are experiencing homelessness
People with gang affiliations (currently or formerly)
People who are precariously employed and/or unemployed
Sex workers
Single parents
Substance users
Survivors of human trafficking
Survivors of toxic masculinity
Survivors of abuse, assault, sexual assault, and/or trauma

Additionally, Friends of Sherbrook Pool and Spence Neighbourhood Association acknowledge that many West-End neighbourhood community members are surviving colonization and white supremacy while experiencing personal, cultural, institutional, and systemic prejudice, discrimination, marginalization, and violence. Some community members' identities, experiences, bodies, dignities, and personhoods have been appropriated, assaulted, brutalized, commodified, criminalized, devalued, erased, exploited, fetishized, harassed, ignored, killed, marginalized, objectified, pathologized, policed, psychologized, scrutinized, stigmatized, and/or violated. Most of our community members are vulnerable and underserved by barrier-heavy governments, services, institutions, and systems. We also know that our community members regularly navigate manifestations of violence and provide (emotional) labour and education without compensation. Many participate in substance use or self-harm to cope. A number of our community members have intersecting identities and experiences.

Stress, anxiety, fear, shame, guilt, and anger are a few motivating factors contributing to why folks might not engage in swimming attire and/or public swimming facilities. This is because of many experience, navigate, and manage various microaggressions, oppressions, and violences in their daily lives and don't want to have to engage with them while participating in a benefit-rich activity like swimming. Friends of Sherbrook Pool and Spence Neighbourhood Association would like to create a positive and



welcoming, supportive, affirming, and inclusive event that holds space for people's identities and experiences.

In March 2017 Friends of Sherbrook Pool held a series of idea jams. We invited West End residents to pitch us ideas on the types of programming they would like to see at the pool. All Bodies swim was a popular program choice.

Specific Event Details:

Event organizers will book the Kinsmen Sherbrook Pool for the one time, private, and free swim All Bodies Swim event.

In November 2018, event organizers will host two community forums to garner community interest, event guidelines, and safer space protocols. Such guidelines may include, but is not limited to: scars and stretch marks are welcome, all body hair is appreciated, all abilities are welcome, all bodies are honoured, respect for names, pronouns, bodies, identities, and experiences, celebrate cellulite, body policing is prohibited, no running or splashing, consensual touch only, consensual photo and video taking, respect confidentiality, don't make assumptions based on someone's name, appearance, gender identity or expression, etc. These examples were established from trans, non-binary, two-spirit swim events throughout the world.

The night of the event, volunteers will be stationed at the entrance of the building to explain the event to people as they enter, so that everyone understands why such an event is needed and what the expectations are regarding respectful behaviour. Our community-generated guidelines will be posted in the space for reminders.

Additionally, we will hire a DJ to play music while folks enjoy the pool and provide snacks and non-alcoholic beverages in the pool lobby.

Previous Event in Winnipeg:

- On Saturday, 8 February 2014, The Eldon Ross Pool was rented out exclusively for an All Bodies Swim during Genderfest Winnipeg.
(<https://www.facebook.com/events/263149947180444/>)



APPENDIX 2

Trans, Non-Binary, Two-Spirit Swim Proposal March 2019 Event (date and time to be determined)

Purpose:

Our one-time, private, free, family-friendly, all-ages event *Trans, Non-Binary, Two-Spirit Swim Night* aims to reduce barriers for gender creative, gender independent, genderfluid, genderqueer, trans, two-spirit, intersex, agender, non-binary and all fabulous gender-fluid individuals seeking safer change spaces and public swimming facilities.

Friends of Sherbrook Pool and Spence Neighbourhood Association acknowledge that many West-End neighbourhood community members are surviving colonization and white supremacy while experiencing personal, cultural, institutional, and systemic prejudice, discrimination, marginalization, and violence. Some community members' identities, experiences, bodies, dignities, and personhoods have been appropriated, assaulted, brutalized, commodified, criminalized, devalued, erased, exploited, fetishized, harassed, ignored, killed, marginalized, objectified, pathologized, policed, psychologized, scrutinized, stigmatized, and/or violated. Most of our community members are vulnerable and underserved by barrier-heavy governments, services, institutions, and systems. We also know that our community members regularly navigate manifestations of violence and provide (emotional) labour and education without compensation. Many participate in substance use or self-harm to cope. A number of our community members have intersecting identities and experiences - including, but not limited to, our gender creative, gender independent, genderfluid, genderqueer, trans, two-spirit, intersex, agender, non-binary and all fabulous gender-fluid children, youth, adults, and seniors.

More specifically, many people who identify as trans, gender non-conforming and/or two-spirit avoid change rooms and swimming pools out of stress, anxiety, and/or fear because many experience, navigate, and manage microaggressions, transphobia, cissexism, judgement, harassment, assault, and violence in their daily lives - let alone while attempting to access sex-segregated spaces like change rooms and body-public spaces like pools. By providing a community-driven, trans, non-binary, two-spirit inclusive environment, we hope folks feel welcomed, supported, and affirmed to access the benefits of swimming (such as being a low impact full body workout; strengthens lung capacity; reduces stress; works underworked/neglected muscles; improves blood



flow to the brain; affects blood pressure, cholesterol levels, cardiovascular performance, central nervous system health, cognitive functioning, muscle mass, and blood chemistry; is a life skill; develops deep stabilizing muscles in the core and lower back; anyone can participate in it; provides harm and risk reduction; and is autonomous - allowing the individual to control the pace, intensity, and goals)

Although the City of Winnipeg facilities are meant for everyone, Friends of Sherbrook Pool and Spence Neighbourhood Association recognize that not all members of our community have equal access to public recreation infrastructure. For example at Sherbrook Pool, there are two private, non-gendered, accessible changing rooms, however, they each only have one functional locker. In a culture of sexual assault, body shaming, and misogyny, it is really important to make and provide a safer space for people who are affected by such discrimination.

This event supports the Spence Neighbourhood Association Safety Charter and fits into the Spence Neighbourhood Association 5-year plan (2016-2021) goals for Community Connecting. Specifically, under the goal *“To Increase Social Safety For All”*, this project will *“increase opportunities for community connections and create safe spaces for celebration of culture community and diversity”* as well as *“increase access to gym equipment and physical activity opportunities for all ages in the community”*. Under the goal of *“Making Spaces Safer”*, this project will work towards *“ensuring safe spaces for everyone in Spence Neighbourhood”*.

For more information about the benefits of hosting such an inclusive event, please watch the following 9.5 minute video *The Swimming Club* - <https://www.theatlantic.com/video/index/557630/trans-safe-space/>

Specific Event Description:

Event organizers will book the Kinsmen Sherbrook Pool for the one time private and free swim event Trans, Non-Binary, Two-Spirit Swim Night.

In November 2018, event organizers will host two community forums to garner community interest, event guidelines, and safer space protocols. Such guidelines may include, but is not limited to: scars and stretch marks are welcome, all body hair is appreciated, all abilities are welcome, all bodies are honoured, respect for names, pronouns, bodies, identities, and experiences, celebrate cellulite, body policing is prohibited, no running or splashing, consensual touch only, consensual photo and video taking, respect confidentiality, don't make assumptions based on someone's name, appearance, gender identity or expression, etc. These examples were established from trans, non-binary, two-spirit swim events throughout the world.

The night of the event, volunteers will be stationed at the entrance of the building to explain the event to people as they enter, so that everyone understands why such an



event is needed and what the expectations are regarding respectful behaviour. Our community-generated guidelines will be postered in the space for reminders.

Additionally, we will hire a DJ to play music while folks enjoy the pool and provide snacks and non-alcoholic beverages in the pool lobby.

Similar Events in Other Cities:

We have researched similar events at other pools in other cities. For example:

- Bonnie Dune Leisure Centre in Edmonton (<https://teamedmonton.wordpress.com/all-bodies-swim>)
- Templeton Pool in Vancouver (<http://rabble.ca/whatsup/all-bodies-swim-0> and <https://thetyee.ca/News/2013/08/02/Transgendered-Public-Swim/>)
- Jack Purcell Community Centre Pool in Ottawa (<http://kindspace.ca/event/trans-children-and-youth-swim-night/>)

APPENDIX 3

EveryBODY in the Pool Community Consultation slides located in the pages following this one.



EveryBODY in the Pool Community Consultation

November 24 and 29

Original Lands of Anishinaabeg, Cree, Oji-Cree, Dakota, Dene, and
Homeland of the Metis Nation. Governed by Treaty 1 Territory



Agenda

1. Welcome and Introductions
2. Agreements
3. Overview of Events
4. Sherbrook Pool accessibility notes
5. Event Limitations
6. Snacks and Brainstorm
7. Overview of Volunteer Opportunities
8. General Feedback
9. Next steps
10. Adjourn





Welcome & Introductions

Friends of Sherbrook Pool (FOSP):

- Sherbrook Pool = local community facility
- Serving the needs of local residents and the broader community
- Create community based programming.

Spence Neighbourhood Association (SNA):

- Activate and engage the people of Spence in building and rebuilding their neighbourhood
- Housing, Community Connecting, Youth & Families, Community Economic Development, Environment

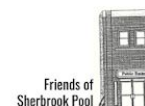


Natalie & Bryce - FOSP
Rune - SNA



Agreements

- Open heart and mind
- Assume good intent; be accountable if someone gets hurt
- Ensure everyone's right to privacy, confidentiality, and dignity remain intact
- Self-monitor: if you are taking up (too much) space, please pause and give space to your fellow participants
- Self-care
- Respect everyone's thoughts, experiences, and identities
- Speak from your own experiences unless you've received explicit consent to share
- Know that our time is limited and this dialogue is just beginning; keep in contact with us
- We are all teachers and learners today





Swim Night Events: Purpose

- Reduce barriers for folx who experience, navigate, and manage various micro and macro aggressions, oppressions, and violences in their daily lives and don't want to have to engage with them while participating in a benefit-rich activity like swimming
- Create a positive, welcoming, supportive, affirming, and inclusive event that holds space for people's identities and experiences
- Value and appreciate anti-oppression, decolonization, reconciliation, harm-reduction, fat-positivity, and body-positivity



Swim Night Events: Purpose

- **All Bodies Swim:**
 - January 2019
- **Trans, Non-Binary, Two-Spirit:**
 - March 2019
 - Gender creative, gender independent, genderfluid, genderqueer, trans, two-spirit, intersex, agender, non-binary and all fabulous gender-fluid individuals





Swim Night Events: Details

- Free
- All genders
- Private rental; open to all
- Family-friendly
- Event Ambassadors welcoming people at the door
- Guidelines
- DJ
- Snacks
- Free Coat Check
- Quarters available for lockers
- Chill Space with Mental Health Workers



Swim Night Events: Limitations

- Scope of funding
 - Community Incentive grant from SNA
 - Geographical location; WestEnd; Sherbrook Pool
- Facility/building itself
 - City of Winnipeg
- Language
 - English
- Assistance in the pool





Swim Night Events: Accessibility

- Entry into the Building:
 - Stairs, Ramp, Automatic Door
- Entry into the Pool:
 - Stairs, Ladder, Chair Lift
- Change Rooms:
 - 2 large gendered changing rooms (with toilets and showers) down a large flight of stairs; 2 accessible and gender-neutral changing rooms on main floor with limited locker space
- Average Pool temperature:
 - 30 degrees Celsius
- Parking:
 - Limited on-site parking; street parking on Sherbrook



Swim Night Events: Change Rooms

- All change rooms/washrooms will be gender inclusive
- Main floor:
 - 2 single stall accessible wash/change rooms
 - Shower
 - 3 lockers
 - Free coat and bag check in additional main floor room
- Basement:
 - Flight of stairs
 - 2 multi-user change rooms; toilets and sinks in both; urinal in one
 - Multiple lockers
 - Multi-user showers





Swim Night Events: Swim Attire

- Groin region must be covered
- Non-traditional bathing suits are OK (e.g. t-shirt and leggings)
- No denim/jeans
- No baggy clothing



Swim Night Events: City of Winnipeg Staff and Lifeguards

- Shifts will be offered according to seniority
- We cannot specifically request that shifts be given to staff who identify as 2SLGBTQ+
- We cannot request city staff working our events attend an unpaid meeting or training prior to the event but we can send a document to the head lifeguard to share with scheduled staff in advance





Swim Night Events: City of Winnipeg General Rules

- No alcohol
- No food on the pool deck
- All flotation devices must be approved by the lifeguard
- No one can swim nude
- Children under the age of 7 or under 44 inches tall at the shoulders must be accompanied by an adult in the pool



Consult: Snacks and Brainstorm

- In small groups/pairs (and/or individually), please discuss and answer and discuss the questions on the next slide
- Write down and/or draw key points of your discussion on flipchart paper and/or the 8.5x14 paper
- Please feel free to snack and chat; snacks are in the kitchen
- After 20-30 minutes, we will return as a large group and share highlights from your conversations (and/or review your notes)
- We can add more responses to these if something comes up





Consult: Snacks and Brainstorm

- What would make these events rad?
- What would make these events not rad?
- What accommodations are desired and needed?
- What are some Event Guidelines would you suggest we have?
- What are some Safer Space Protocols we should put in place?
- Additional items we should consider and/or impliment
 - General event thoughts
 - Feelings
 - Insights
 - Constructive Feedback
 - Etc.



Volunteer Opportunities

1. Event Ambassador / Peer Support
2. Coat Check
3. Mental Health Workers
4. Promotion
5. Food Crew





Next Steps

- Gather and review the results; braid them into one narrative/voice; and post them on SNA & FOSP's websites and the Facebook event page
- Book the pool
- Connect with folx who want to volunteer
- Promote the event
- Swim
- Additional items from consult participants



Thank You!

Rune Breckon, Community Connecting Coordinator,
Spence Neighbourhood Association
615 Ellice Ave. Winnipeg, MB R3G 0A4
204-783-5000 Ext. 106
safety@spenceneighbourhood.org

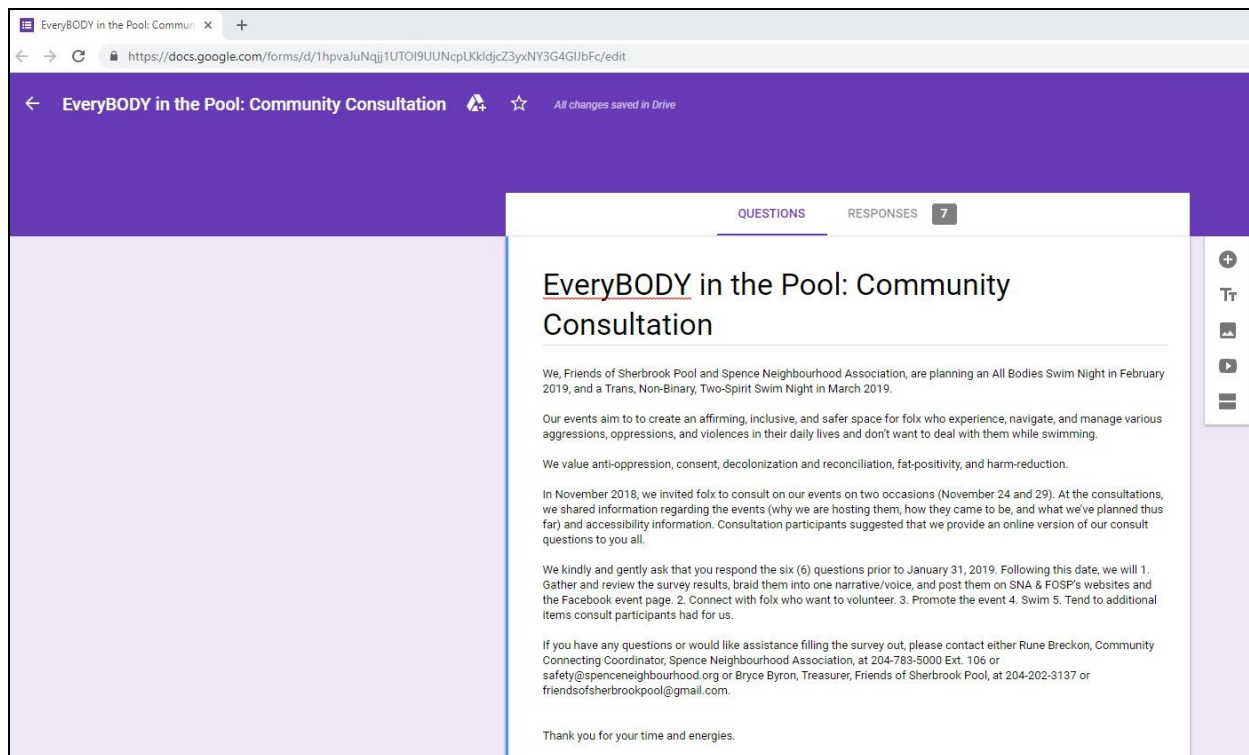
Bryce Byron, Treasurer,
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823 Ellice Ave. Winnipeg, MB R3G 0C3
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APPENDIX 4

Online survey:



EveryBODY in the Pool: Community Consultation

QUESTIONS RESPONSES 7

EveryBODY in the Pool: Community Consultation

We, Friends of Sherbrook Pool and Spence Neighbourhood Association, are planning an All Bodies Swim Night in February 2019, and a Trans, Non-Binary, Two-Spirit Swim Night in March 2019.

Our events aim to to create an affirming, inclusive, and safer space for folx who experience, navigate, and manage various aggressions, oppressions, and violences in their daily lives and don't want to deal with them while swimming.

We value anti-oppression, consent, decolonization and reconciliation, fat-positivity, and harm-reduction.

In November 2018, we invited folx to consult on our events on two occasions (November 24 and 29). At the consultations, we shared information regarding the events (why we are hosting them, how they came to be, and what we've planned thus far) and accessibility information. Consultation participants suggested that we provide an online version of our consult questions to you all.

We kindly and gently ask that you respond the six (6) questions prior to January 31, 2019. Following this date, we will 1. Gather and review the survey results, braid them into one narrative/voice, and post them on SNA & FOSP's websites and the Facebook event page. 2. Connect with folx who want to volunteer. 3. Promote the event 4. Swim 5. Tend to additional items consult participants had for us.

If you have any questions or would like assistance filling the survey out, please contact either Rune Breckon, Community Connecting Coordinator, Spence Neighbourhood Association, at 204-783-5000 Ext. 106 or safety@spenceneighbourhood.org or Bryce Byron, Treasurer, Friends of Sherbrook Pool, at 204-202-3137 or friendsofsherbrookpool@gmail.com.

Thank you for your time and energies.