



## RECPLEX COMMUNITY PROGRAMS

We are half way through out second year of community programs at the RecPlex and we are seeing more users every week! Community Programs offer a range of programming for all ages and skill levels. We are constantly looking at how to grow and improve activities to meet the needs of the community.

Here a just a FEW of the different programs offered:

- Monday: Fit Kids Healthy Kids | 4:00–6:00PM
- Tuesday: Community Drop-In (Gym) | 4:00–5:00PM  
Children's Bouldering (Gym) | 5:00–5:30PM
- Wednesday: Fit Kids Healthy Kids | 4:00PM–6:00PM
- Thursday: Community Drop-In (Gym) 4:00–5:30PM
- Friday: Youth Soccer 5:00–7:00PM  
Girls Night (ages 12-18) | 6:30–8:00PM  
Youth Basketball | 6:00–9:00PM
- Saturday: Adult Soccer Drop-In | 11:00AM–1:00PM  
Youth Basketball Skills Workshops | 7:00–9:00PM
- Sunday: Adult Soccer Drop-In | 11:00–1:00PM

For more information on our programs check out an updated schedule at [www.uwinnipeg.ca/recplex](http://www.uwinnipeg.ca/recplex)

Laura Kathler | [sport@spenceneighbourhood.org](mailto:sport@spenceneighbourhood.org) | 204-988-7635



## WOMEN'S INTERGENERATIONAL SINGING CIRCLE

In January our little pilot project came to an end after 5 months of programming. To celebrate all the creativity that we shared during our sessions, staff planned a wind-down Karaoke party for participants. We also had SNA's own youth talent do a performance for participants at the party. Everyone had a blast singing to their favorite tunes. A huge thank you to everyone who helped put on the party! Now that the pilot

project has come to a close staff will be evaluating the sessions, taking participants' suggestions and preferences into account. We hope to continue with WISC at a later date, so stay tuned for details!

We hope to see you all again in the near future, until then, stay singing!

Makaria |  
Community Liaison |  
(204) 783-5000  
[liaison@spenceneighbourhood.org](mailto:liaison@spenceneighbourhood.org)



**Rob Altemeyer**  
MLA for Wolseley  
204-775-8575  
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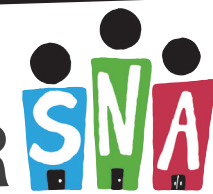
[WWW.SPENCENEIGHBOURHOOD.ORG](http://WWW.SPENCENEIGHBOURHOOD.ORG) WE'RE ON FACEBOOK; TWITTER & INSTAGRAM:@SNACOMMUNITY

HQ: 615 Ellice Avenue Winnipeg, Manitoba R3G 0A4 Phone (204) 783-2758 Fax (204) 775-1802

430 Langside Street Winnipeg, Manitoba R3B 2T5 Phone: (204)783-5000 Fax: 1-800-515-8757

MAKARIA A. LABUN, Community Liaison Email: [liaison@spenceneighbourhood.org](mailto:liaison@spenceneighbourhood.org)

# SPENCE NEIGHBOURHOOD ASSOCIATION NEWSLETTER



FEBRUARY 2016



A group shot of some very happy people after the January 15 announcement at the MERC.

## WEST END 24/7 SAFE SPACE TO OPEN SOON!

Friday, January 15, 2016 was a magnificent day – a day that heralded more safety and compassion for our youth. It was the day the Province of Manitoba announced \$380,000 to Spence Neighbourhood Association over three years and the City of Winnipeg pledged the use of the Magnus Eliason Recreation Centre to make a 24-hour safe space for youth a reality.

West End 24/7 Safe Space will be opening as soon as possible! The community-led group that has worked for almost two years to make this happen wants to thank the community for all the support we received. We'd especially like to thank the 340 donors who contributed almost \$35,000 to our GoFundMe campaign since it launched two months ago. It was you, and your expressions of support, that made this wider commitment possible.

We have the money, and we have the space, but there is much work still to be done before the doors open 24-hours! All are welcome to come to a meeting to get involved or volunteer their talents.

Next meeting is February 2 at 7 p.m. at the Magnus Eliason Recreation Centre, 430 Langside St. One of the most important steps will be hiring of the best possible people we can find to be there for our youth when they need help.

Keep an eye on our Facebook.com/WestEnd247 page, as well as [www.spenceneighbourhood.org](http://www.spenceneighbourhood.org) for new career opportunities.

Thank you to the Province of Manitoba, the City of Winnipeg, and everyone who has supported this initiative!

## Committees & Announcements

**Environment & Open Spaces Committee:** TBA | 615 Ellice

**Housing Committee:** February 2nd, 6pm | 615 Ellice

**Safety Committee:** February 3rd, 6pm | 615 Ellice

**Community Economic Development Committee:** Adjourned | 615 Ellice

**Youth Committee:** February 9th, 7pm | 430 Langside

**Tenant's Committee:** February 17th, 6pm | 430 Langside

**SNA Board Meeting:** TBA | 430 Langside

## Announcements:

**Community Housing Plan Update:** February 17, 6pm | 615 Ellice Ave

**Community Safety Consultation:** February 25th, 6-8 pm | location TBA





#### RENTAL SAFETY- 2016 RENT INCREASE GUIDELINES

In January 2016, the Spence Neighbourhood Association's Tenants committee topic of discussion was on the Annual Rent Increase Guidelines set in Manitoba. At this meeting we provided information to tenants on what their rights were when receiving a notice of Rent Increase. We also discussed what the notice should include in order for the increase to be legal. How a tenants can object the notice and for what reasons. This meeting also discussed what types of building can be exempt from the rent increase.

Spence Neighbourhood Association's Rental Safety Coordinator can also assist tenants in reviewing their notices and letting them know about their options. As well, providing one on one support when speaking with the Residential Tenancy Branch.

If you or someone you know who may benefit from getting more advice on their rental issues or concerns, please join us at our Tenants Committee. We meet every 3rd Monday of the month (Except Holidays), at 430 Langside Street, 2nd Floor of Magnus Eliason Recreation Centre. The meeting is on at 6pm and childcare can be arranged upon request. Light supper is also provided.

Contact (204) 783-4141 for more information.

#### FEBRUARY SERVICES FOR TENANTS

The Spence Neighbourhood Association would like community members to know about the services the Rental Safety Coordinator can provide to tenants who are needing some clarification or information on how to address rental issues. The Rental Safety can assist and provide information with:

- Contacting your landlord to communicate about a change in tenancy or request a repair/or
- inform of safety concerns
- Assistance for Tenants writing a Termination Notices
- Assistance in Appealing a Termination Notice from a Landlord
- Notice of Evictions – information on what your options are...
- Helping Tenants prepare for Hearings, Mediations and appeals
- Assistance in Compensation claims to the Residential Tenancy Branch
- Requesting Repairs for your rental unit to your landlord

Rental Safety Coordinator | 615 Ellice Avenue |  
(204) 783-4141

### Continuing to work hard for the people of Minto

**Andrew Swan**  
MLA for Minto

204-783-9860  
AndrewSwan.ca



#### NEW STAFF!

Hey All! I'm very excited to be joining the team at SNA as the new Youth Crew Coordinator. Working with youth has been something I have found great pride and join over the last 5 years as a staff at Manitoba Pioneer Camp, and I am beyond stoked to have a chance to work alongside the youth of Spence neighborhood. I'm greatly looking forward to becoming an active member of the community, and to seeing the youth take pride in the work that we'll be doing together! Outside of work you might run into me at the University of Winnipeg RecPlex playing some ultimate Frisbee, or listening to (and occasionally playing) some local music at various venues. If you know of any young people who are looking to make some money or who need help writing a resume or figuring out how to get a foot in the door of the working world, definitely get in touch with me and I would be so excited to help out!

Paul Currie | Youth Crew Coordinator  
(204) 786-3470

#### COMMUNITY CONNECTING

Community Connecting in 2016 has started out on a great foot. The Kitchen Circle spent an evening cooking up potato borscht and making two types of fudge and the Safety Committee met and started to plan for our the Community Safety Charter.

In case you haven't heard, this year we are going to create a Community Safety Charter. The charter will capture all of the goals, dreams, and ideas for a safer community in Spence Neighbourhood. In order to create it, we need to hear your thoughts and wishes for your community! The best way to do this is to come to our Community Safety Consultation, which will be on February 25 from 6:00-8:00 pm. The location of the event will be released closer to the date. If you are interested in helping to plan for the charter and the consultation, please join the safety charter advisory committee, which meets once a month! Contact Kristen for more

information.

Ways to connect this month: February 3- Safety Committee: 6PM @ 615 Ellice

February 10- Kitchen Circle: 5PM @ 615 Ellice

February 12- Valentine's Day Card Making: 3PM @ 615 Ellice

February 25- Community Safety Consultation: 6PM @ TBA

Kristen | Community Connecting Coordinator |  
(204) 783-2758



**Cindy Gilroy**  
*City Councillor for  
Daniel McIntyre*  
Let's work together

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## BUILDING BELONGING

Lauren Baker, our Program Coordinator for the past year, is moving on from her position with BB. Her enthusiasm, kindness, organization, art and design skills will be missed by everyone she worked with and we wish her all the best for the future. Last month we introduced Tech Time where kids get to use technology in new and exciting ways including ultimate karaoke with a light show and a multiplayer video game showdown. We started work with artist Dimitry Melman on an intricate mosaic to be installed outside the MERC thanks to the Winnipeg Art's Council's Youth WithArt grant. Wrestling with U of W coaches will start up again on Feb. 1 and run every Monday for six weeks. International students from the U of W's English Language program will stop by on Feb. 10 to help the kids make sweet crafts and treats for Valentine's Day. Join us for a special outing to learn about Winnipeg's history and play in the snow at Festival du Voyageur on Sun. Feb. 21. Contact us to register as spots are limited. Remember, if the temp drops below -33 C with windchill all BB outings are cancelled.

Building Belonging was selected by the Goodlife Kids Foundation as one of ten finalists for their Win for Kids grant because of our commitment to getting kids active! You will be able to vote once for your favourite organization/program from the 10 finalists at [www.win4kids.com](http://www.win4kids.com) from Feb.1 until March 4. All 10 finalists will be winners! The number of votes we receive will determine if we win \$5,000, \$8,000, \$12, 000 or \$25, 000 as the national winner with the most votes overall!



### Special Thanks:

U of W's English Language Program  
Dimitry Melman  
The Winnipeg Art's Council's Youth WithArt  
U of W Wrestling Program  
Chantel Daniels  
Crystal Hughes  
Goodlife Kids Foundation  
Festival du Voyageur Inc.

Our program is open to all kids ages 6-12 FREE  
Monday-Fridays 3:30-5:30, Snack 4:00pm  
Safe pickup from John M King and Sister Mac  
Schools and drive/walk home available  
430 Langside St. (MERC)

Allison | (204) 783-0292  
[buildingbelonging@spenceneighbourhood.org](mailto:buildingbelonging@spenceneighbourhood.org)



## AGM 2016- CELEBRATING OUR VOLUNTEERS

January 19, 2016 was the date of the Spence Neighbourhood Association's Annual General Meeting this year. One of the main purposes of the gathering is to share with the community what staff has accomplished throughout the year in their area of work. A few years back though, we decided that the AGM was the perfect place to recognize the outstanding volunteers that so often allow us to be effective and make a bigger impact. Each department at SNA chooses their most upstanding volunteer and recognizes them for the work they do. The contributions vary greatly from person to person and department to department but all have the common traits of commitment and wanting to share their gifts with others. This year the volunteers were as follows:

- Housing – Scott Stone
- Community Connecting – Mary Peck
- Environment & Open Spaces – Chief Grizzly Bears Garden organizing committee
- Youth – Rebecca Ward, Youness Moustarezak, Kieran Rice-Lampert

In addition, we are proud to have the Don Miedema Service Award that was established 3 years ago after his retirement as Housing Coordinator at SNA. The award recognizes neighbours that build connections and encourage a caring community. This is the spirit in which Don worked with for over 10 years in Spence. This year's recipients are Steve & Beverly Solomon who have worked many years in the neighbourhood making connections with their neighbours and creating opportunities for others to



connect with one another through activities that promote healthy living and fun. On a yearly basis, both Steve & Beverly get involved with the block party on their street and play an integral role in the coordination and implementation of it. Their involvement varies from coordinating sports events to the gathering of extension cords, to recruiting and involving people from the block, as well as various other tasks that are crucial to just making the event happen. In winter, their time is spent on putting together a hockey tournament which connects people on the block and provides a venue to have fun and get to know each other. The grand task of making the rink is a challenge that they take on yearly. A few years ago, they connected with the police officers in the area and asked them to participate in the tournament. It has been said that children from the neighbourhood look forward to the informal interaction with the police. They have begun to build relationships and see them as people in the community...the same is true for the officers. Different cultures and different age groups have also enjoyed the freezing cold game of hockey and the conversations with their neighbours.

We are lucky to have this couple that recognizes the importance of building a community. These yearly events have become traditions that people look forward to and ones that create stories that are remembered and reminisced over. It's creating a positive history on the street and in the neighbourhood. Our community often struggles with having to defend itself but the actions and efforts of Steve and Bev are tremendous examples of effective, thoughtful and fun approaches in strengthening a community and it speaks loudly.

To all our volunteers – Thank you!





# FEBRUARY 2016

The **Spence Neighbourhood Association** works with the people of Spence to revitalize and renew their community in the areas of *holistic housing, community connecting, community economic development, environment and open spaces*, and *youth & families*.









@SNAcommunity

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/Spence Neighbourhood Association



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<u>1</u> BB: 3:30-6:00 Y: 6:30 – 9:00	<u>2</u> BB: 3:30-6:00 Y: 6:30 – 9:00  <b>Housing Committee: 6pm   615 Ellice</b>	<u>3</u> BB: 3:30-6:00 Y: 6:30 – 9:00  <b>Safety Committee: 6pm   615 Ellice</b>	<u>4</u> BB: 3:30-6:00 Y: 6:30 – 9:00	<u>5</u> <b>Drop-in: 3:30 – 6:00</b> Y: 6:30 – 9:00 	<u>6</u> FP: 10:00 am – 4:00 pm Y: 4:00 – 10:00 pm
<u>7</u> FP: 10:00 am – 4:00 pm Y: 4:00 – 10:00 pm	<u>8</u> BB: 3:30-6:00 Y: 6:30 – 9:00  <b>EOS Committee: TBA</b>	<u>9</u> BB: 3:30-6:00 Y: 6:30 – 9:00  <b>Youth Committee: 6pm   430 Langside</b>	<u>10</u> BB: 3:30-6:00 Y: 6:30 – 9:00	<u>11</u> BB: 3:30-6:00 Y: 6:30 – 9:00	<u>12</u> BB: 3:30-6:00 Y: 6:30 – 9:00 	<u>13</u> FP: 10:00 am – 4:00 pm Y: 4:00 – 10:00 pm
<u>14</u> FP: 10:00 am – 4:00 pm Y: 4:00 – 10:00 pm	<u>15</u> <b>FAMILY DAY</b> <b>MERC CLOSED, NO SNA PROGRAMMING</b>	<u>16</u> BB: 3:30-6:00 Y: 6:30 – 9:00	<u>17</u> BB: 3:30-6:00 Y: 6:30 – 9:00  <b>Tenants Committee: 6pm   430 Langside</b>	<u>18</u> BB: 3:30-6:00 Y: 6:30 – 9:00	<u>19</u> BB: 3:30-6:00 Y: 6:30 – 9:00 	<u>20</u> FP: 10:00 am – 4:00 pm Y: 4:00 – 10:00 pm
<u>21</u> FP: 10:00 am – 4:00 pm Y: 4:00 – 10:00 pm BB: Festival Du Voyageur Outing 	<u>22</u> BB: 3:30-6:00 Y: 6:30 – 9:00	<u>23</u> BB: 3:30 – 6:00 Y: 6:30 – 9:30	<u>24</u> BB: 3:30-6:00 Y: 6:30 – 9:00	<u>25</u> BB: 3:30-6:00 Y: 6:30 – 9:00  <b>Community Safety Consultation: 6-8 PM location TBA</b>	<u>26</u> BB: 3:30-6:00 Y: 6:30 – 9:00 	<u>27</u> FP: 10:00 am – 4:00 pm Y: 4:00 – 10:00 pm
<u>28</u> FP: 10:00 am – 4:00 pm Y: 4:00 – 10:00 pm	<u>29</u> BB: 3:30-6:00 Y: 6:30 – 9:00	<b>Board Meeting: TBA</b>  <b>Girls Night: every Friday, 6:30 – 9:00   Recplex MPR.</b>				

**NOTE: BB = Building Belonging (6-12 yrs) | Y = Youth (13-18 yrs) | FP = Free Play (6-12 yrs) | HW = Homework Club (6-18 yrs). Activities are held at 430 Langside St.**