

YOUR STORY!

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OWCT

Calling All Story Tellers, Article Makers and Interviewers!

The Our West Central Times (OWCT) Newspaper needs your voice to be featured in our paper! As you know this newspaper and its predecessor West Central Streets have a long standing tradition of seeking out stories from our communities. If you have a story to share, be it personal, professional, historical or otherwise let us know!

No matter what skill level you have, we are all story makers and story tellers. This paper is made for sharing our experiences, coming together as neighbours and celebrating our diverse communities. Help us reach this goal. If you have a story but you don't want to or know how to write it tell your tale to us and we'll write it for you! If you want to write an article but you're not sure where to begin we will provide a starting theme and mentor you through the process!

Retraction:

In the most recent issue of Our West Central Times the article on the 24 Hour Safe Space was credited to Cortney Sinclair and Jesse Gair. Holly Steele should have been credited instead of Cortney Sinclair,

Community Notice- Spence Neighbourhood Constitutional and By-Law Changes

Below are proposed constitution changes and by-law changes submitted to the membership of the Spence Neighbourhood Association for a vote at the annual general meeting Tuesday January 20th, 2015, 6:00pm at 430 Langside street. The following were approved by the Spence Neighbourhood board of directors at the October board meeting to take forward to the membership. If you have any questions or would like to receive a paper copy of these changes, the SNA constitution or any other SNA documents please contact the executive director:

Jamil Mahmood
Executive Director
Spence Neighbourhood Association
615 Ellice Ave Ph 783-8607 Fax 775-1802
e-mail: jamil@spenceneighbourhood.org

The proposed changes will be voted on as presented for ratification at the Annual General meeting Tuesday January 20th, 6:00pm at 430 Langside street.

Current statement:

ARTICLE 19- EXECUTION OF INSTRUMENTS:

19.1 Contracts, documents or other legal instruments in writing requiring the signature of the Corporation may be signed by two signatories of the Corporation, that is, any two of persons holding the following Corporate office: President, Vice-President, Secretary and Treasurer, after the associated project or projects have been approved by a resolution of the Board of Directors of the Corporation passed at a meeting of the said Board.

Amendment:

ARTICLE 19- EXECUTION OF INSTRUMENTS:

19.1 Contracts, documents or other legal instruments in writing requiring the signature of the Corporation may be signed by two signatories of the Corporation, that is, any two of persons holding the following Corporate office: President, Vice-President, Secretary, Treasurer **and Executive Director**, after the associated project or projects have been approved by a resolution of the Board of Directors of the Corporation passed at a meeting of the said Board.

WWW.SPENCENEIGHBOURHOOD.ORG LOOK FOR US ON FACEBOOK & TWITTER @ SNACOMMUNITY

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SPENCE NEIGHBOURHOOD ASSOCIATION NEWSLETTER



January 2015

Important Notices

- Most committees will be postponed to February due to our AGM. Please contact your SNA committee representative for more information.
- Annual General Meeting (AGM): January 20th @ 6:00pm.
- Our 615 Ellice Ave. location is under construction until January 13th! Please contact staff via email or contact Makaria at 204-783-5000 to leave a message.
- Our West Central Times is looking for editorial committee members from the Spence neighbourhood. Interested individuals please contact Makaria- the editorial committee meets quarterly (4 times a year), supper provided.



Family Events

In January our family event will be replaced by our Annual General Meeting, which will take place in the gym at 430 Langside Street, (MERC) on the 20th, from 6:00PM- 9:00PM. We will be electing new members to our board of directors, voting on proposed changes to our constitution and by-laws and celebrating our work over the last year. Food and childminding will be provided.

Spence Neighbourhood Association

Annual General Meeting,

January 20th at 6:00PM-9:00PM

430 Langside St. in the Gym

Help us keep our community strong!

Invite your friends! Currently, anyone who lives, works or volunteering in the Spence Neighbourhood is considered a member of SNA!

Food and childminding will be provided!





West End 24/7 Safe Space:

Going into 2015 we are continuing our work towards making the dream of a 24 hour safe space a reality. For the moment we are busy gathering research and developing a proposal. To stay connected or to get involved with this initiative please email jamil@spenceneighbourhood.org



Youth Drop-in

January is bound to be a month of fun! Girls Night on Fridays at the Recplex, which has been growing every week, will feature karaoke the first Friday after the break. Boxing will also continue, as our youth get stronger and more skilled! We will be headed to the Forks once a week for skating and shinny - it's been a huge hit - and we will also be hitting the hills for some tobogganing. Rock climbing, something new and exciting our youth are getting into, will also continue! Check the MERC, as well as our Facebook and Twitter, for the January calendar - it'll be out by January 2nd! Contact Alice with any questions C: 204-590-6662 or Email: newcomer@spenceneighbourhood.org



Are you looking for
fresh and affordable
fruit and vegetables?

Available every second Wednesday afternoon.

Individual bags \$8
Small bag \$15
Large/Family bag \$20

Order one week in advance at 615 Ellice Avenue.

For more information contact
Tanya at 204.796.2894 or email greenimage@spenceneighbourhood.org

Youth Advisory Committee: TBA

We can't wait to hear what you guys have in mind for 2015! Stay tuned for more information regarding January's Youth Advisory Committee, to be held at the end of the month. Our committee structure is "under construction" over the holidays as we tweak it to make it even bigger and better than before!

Youth Crew and First Jobs For Youth (FJ4Y)

- Our youth crew services as well as the youth employment resource centre are closed for the Holidays, until January 5th, 2014.
- Happy New Year to all our wonderful funders, partners! Our Youth are building up their resumes with a multitude of skills thanks to your work orders. Happy New Year as well to our valued clients, and volunteers.
- Tis the season to be shoveling. Had enough of digging your way out? The snow disappears with our Youth Crew on the job! We have friendly, eager, local youth who are trained and ready to work! Our program offers casual, hands on, paid work for youth ages 12-16. Youth are able to help with outdoor projects such as yard work, staining, painting, flyering or catering for special events. We provide reasonable rates and friendly service. Please call Leslie at 204-783-0290 after January 5th, 2014 to arrange your work order.
- Youth are invited to come by to: create a resume and design cover letters, get assistance with employment applications and practice for interviews. Find out about work and volunteer opportunities as well as education resources. Career Path sessions are also available. Call Leslie after January 5th to set up an appointment or email firstjobs@spenceneighbourhood.org



Building Belonging

(MERC) 430 Langside St.
Open to all kids ages 6-12 at no cost!
Contact Allison @ 783-0292
buildingbelonging@spenceneighbourhood.org
Register for our school year program!
Monday-Fridays 3:30-6:00pm
Pickup from John M King and Sister MacNamara schools and Safe Walk/drive home available

- The lovely warm weather brought out over 200 community members to SNA's Family Holiday Party! Families made felt stockings, edible candy trees, candy boxes and roasted marshmallows around a bonfire and kids shoveled up snow forts outside before sharing a holiday feast. Thanks to our generous donors every child 12 and under received a gift from Santa! Pick up your Santa photo at the SNA AGM on Jan. 20, 2015. A huge thank you to all SNA staff and community volunteers who made this event possible!
- The U of W invited 20 BB kids and staff to attend their Holiday Dinner on Dec. 17 where kids met Wab Kinew and got in another visit with Santa while enjoying some delicious turkey. We also made tree ornaments, tried wet felting and did some indoor curling with Fit Kids, Healthy kids at the U of W's United RecPlex.
- The rink in front of MERC is now ready! We have skates in most sizes and helmets for kids to enjoy skating safely.
- We'll also be starting wrestling with U of W coaches at the RecPlex and hope to get out snowshoeing at Living Prairie Museum and cross-country skiing at Windsor Park Nordic Centre.
- Donations of mitts, toques and ski pants are needed all winter long so that everyone can enjoy the outdoors!
- Special Thanks to :Bakken Invest AS, Bjorn Inge Bakken, Claudette Lambert, Pregnancy and Family Support Services, University of Winnipeg, Art City Outreach.

Good News Stories

Skills Bank

I remember the day I met Elisheba, she came into the MERC to pick up her daughters and I knew instantly that she must be their mother. Her daughters look exactly like her and their laugh sounds identical. I would connect with Elisheba when her daughters were going on outings with Building Belonging, one of MERC’s after school programs, when I was a Program Coordinator. [...] When I took on a new role at SNA I was worried that the connections that I had made with families would be lost and I would not see them very often.


Within weeks of starting my new role Elisheba came in for a visit to see how I was doing. [...] I explained all of the programs and services that SNA provided at our 615 Ellice office. Elisheba decided to sign up as a Skills Bank member and I was thrilled!

[...] Elisheba had never used a lawn mower or a weed whacker before. She didn’t know how to start the machines but the powerful tools did not seem to faze her. She was a fast learner and we completed her first lawn site together. Elisheba did an amazing job! It did not take long before community members were calling to request her to take care of their lawns. She was friendly and did every job to the best of her abilities. Elisheba uses the money from working odd jobs in our community to purchase extra household items like toilet paper and bus tickets. “I had a lot of fun learning how to cut lawns. I had never used a lawn mower before. You would say, I am an expert now!” It has been a joy getting to know Elisheba and she is still completing odd jobs in the community.




Environment and Open Spaces

The first story is about a community member named Lisa. Lisa never signed up as a community gardener and I had never meet her before but this year she spent a lot of time in a number of gardens that needed a little more love. Lisa spent hours doing extra weeding, planting, and cleaning up for the gardens. She encouraged community by sharing peas with those who walked through and spent time talking with gardeners and other community members. Finally at the end of September she came into the 615 Ellice Ave. office and I got to meet her. Since our first encounter I am excited to say that Lisa will be more heavily involved in the upcoming season. We will specifically work together towards making a new vision for the International garden located at 446 Langside. I am thankful for all the known and unknown individuals that make out area beautiful, and filled with vegetables.




Cindy Gilroy
City Councillor
Daniel McIntyre Ward



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Proudly Serving
the Spence
Neighbourhood



Rob Altemeyer
MLA for Wolseley

Contact me any time:
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rob.altemeyer@mts.net | RobAltemeyer.ca



THE UNIVERSITY OF WINNIPEG

Health & RecPlex Community Drop-In Times

Community Gym: Tuesdays & Thursdays 4:00-5:30 PM

Adult Field: Saturday & Sunday 11:00AM – 1:00PM

Youth Field: Friday 5:00 – 7:00PM

Under 12 Field Time: Monday/Wednesday 4:00 – 6:00 PM (Fit Kids Healthy Kids) & Saturday 11:00AM – 1:00PM (SPIN Program)

New programs are being added all the time! Keep up-to-date by following @SNASport on Twitter and Sna Sport on Facebook!

Detailed schedules are available at www.uwinnipeg.ca/recplex-schedule/

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Working hard for the people of Minto



Andrew Swan
MLA for Minto
204-783-9860
AndrewSwan.ca


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NDP  **NPD**



JANUARY 2015

The **Spence Neighbourhood Association** works with the people of Spence to revitalize and renew their community in the areas of *holistic housing, community connecting, community economic development, environment and open spaces*, and *youth & families*.

We want to connect with you!



www.spenceneighbourhood.org | (204) 783-5000 | liaison@spenceneighbourhood.org

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Happy New Year From Everyone At SNA! Most committees will be postponed until February due to the AGM. Please consult with your SNA committee representative for more information.				<u>1</u> MERC CLOSED	<u>2</u> BB & Y: Closed FP: 10am-10pm	<u>3</u> FP: 10:00am-4:00pm Y: 4:00-10:00pm
<u>4</u> FP: 10:00am-4:00pm Y: 4:00-10:00pm	<u>5</u> BB & Y Start Again! _BB: 3:30-6:00pm Y: 6:30-9:00pm HC: 4:30-7:30pm	<u>6</u> BB: 3:30-6:00pm Y: 6:30-9:00pm HC: 4:30-7:30pm	<u>7</u> BB: 3:30-6:00pm Y: 6:30-9:00pm HC: 4:30-7:30pm	<u>8</u> BB: 3:30-6:00pm Y: 6:30-9:00pm HC: 4:30-7:30pm	<u>9</u> BB: 3:30-6:00pm Y: 6:30-9:00pm HC: 4:30-7:30pm	<u>10</u> FP: 10:00am-4:00pm Y: 4:00-10:00pm
<u>11</u> FP: 10:00am-4:00pm Y: 4:00-10:00pm	<u>12</u> BB: 3:30-6:00pm Y: 6:30-9:00pm HC: 4:30-7:30pm	<u>13</u> BB: Cancelled Y: 6:30-9:00pm HC: 4:30-7:30pm	<u>14</u> BB: 3:30-6:00pm Y: 6:30-9:00pm HC: 4:30-7:30pm	<u>15</u> BB: 3:30-6:00pm Y: 6:30-9:00pm HC: 4:30-7:30pm	<u>16</u> BB: Cancelled Y: 6:30-9:00pm HC: 4:30-7:30pm	<u>17</u> FP: 10:00am-4:00pm Y: 4:00-10:00pm
<u>18</u> FP: 10:00am-4:00pm Y: 4:00-10:00pm	<u>19</u> BB: 3:30-6:00pm Y: 6:30-9:00pm HC: 4:30-7:30pm	<u>20</u> BB, Y, HC: Cancelled Annual General Meeting @6:00pm 430 Langside St.	<u>21</u> BB: 3:30-6:00pm Y: 6:30-9:00pm HC: 4:30-7:30pm	<u>22</u> BB: 3:30-6:00pm Y: 6:30-9:00pm HC: 4:30-7:30pm	<u>23</u> BB: 3:30-6:00pm Y: 6:30-9:00pm HC: 4:30-7:30pm	<u>24</u> FP: 10:00am-4:00pm Y: 4:00-10:00pm
<u>25</u> FP: 10:00am-4:00pm Y: 4:00-10:00pm	<u>26</u> BB: 3:30-6:00pm Y: 6:30-9:00pm HC: 4:30-7:30pm	<u>27</u> BB: 3:30-6:00pm Y: 6:30-9:00pm HC: 4:30-7:30pm	<u>28</u> BB: 3:30-6:00pm Y: 6:30-9:00pm HC: 4:30-7:30pm	<u>29</u> BB: 3:30-6:00pm Y: 6:30-9:00pm HC: 4:30-7:30pm	<u>30</u> BB: 3:30-6:00pm Y: 6:30-9:00pm HC: 4:30-7:30pm	<u>31</u> FP: 10:00am-4:00pm Y: 4:00-10:00pm

NOTE: BB = Building Belonging (6-12 yrs) | Y = Youth (13-18 yrs) | FP = Free Play (6-12 yrs) | HC = Homework Club (6-18 yrs). Activities are held at 430 Langside St.