

New spring beginnings: West End style!

By Bimbiizidkwe Eliza Tru, West End community resident

The West End welcomes Spring! After a brief cooling period, sunny days and rising temperatures are causing a bustle of activity in Winnipeg's West End. Spring Clean-up volunteers have swept debris from sidewalks, boulevards, and back lanes, leaving behind a clean and tidy landscape. Organized safety walks help remind house and business owners to do their part in keeping their lanes and buildings free of clutter and well-lit at night. Shopkeepers scrubbing away winter grime from windows until they sparkle and community members taking the time to toss aging street trash into city bins, are welcoming sights.

Community gardens are coming alive as busy hands prepare soil beds for sowing seeds and planting tiny seedlings. Tender shoots of rhubarb awaken from their winter's rest, growing taller under the warming sun. The rising heat releasing the sweet smell of apple blossoms soon to turn into crunchy bites of fun. Cooking classes, gardening clubs and

food exchanges prepare for first harvest of fresh greens, lettuce, onions, spinach, kale, peas and even early beans.

A walk down Maryland to Sargent, Goulding, St. Matthews, and McGee; I go past places that are so familiar to me, like Orioles Bike Cage on Burnell where cycling tips and tune-ups are free. Or past the schoolyard on Banning where the sound of children's laughter is a sweet reminder of youth, triggering the need for a quick trip to Dairy Queen on Sargent to satisfy a sweet tooth! In every direction I go, there is a sense of camaraderie and care, a diversity of deep rooted pasts infused with new beginnings in a space we all now share. West Enders birthed here on Turtle Island to settlers from the Philippines, Nigeria, Vietnam and more. We are from everywhere, all welcome to come knocking on our West End Door!

Bimbiizidkwe Eliza...weweni mii iw



The West End blossoms with spirit and energy in the spring

Smudge the Streets: West End medicine walk

We extend an open invitation to all community members from all walks of life to join us on **June 27th, 2015** in walking together to **Smudge the Streets** of the West End with our sacred medicines and spread positivity in our neighbourhoods. For many First Nations, Métis and Inuit people burning one or more medicines such as sage, sweetgrass or cedar helps an individual to cleanse one's mind, body,

spirit, an emotion of negativity. By Smudging the Streets together our aim is to cleanse any negativity in our neighbourhoods with sacred medicines gifted to us from Mother Earth. We understand that other cultures also have medicines that can be used to clear negative thoughts and emotions and we encourage people from all backgrounds to share medicines and knowledge with us in this walk.

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Spence Neighbourhood Association
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Daniel McIntyre / St. Matthews Community Association
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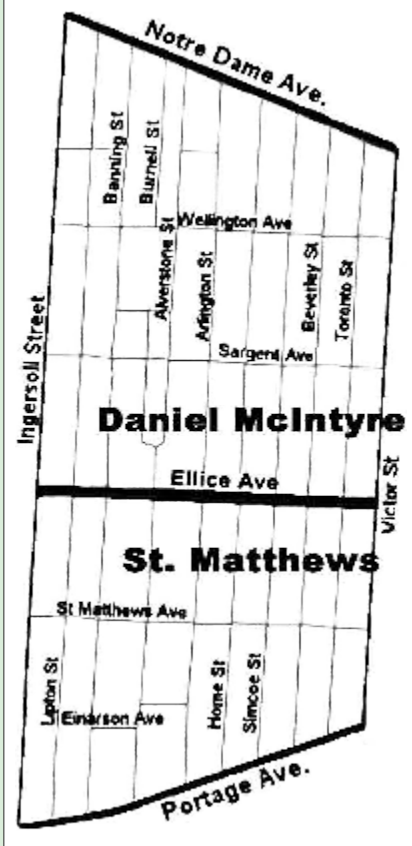


Daniel McIntyre / St. Matthews Community Association (DMSMCA)

823 Ellice Ave | 774-7005 | www.dmsmca.ca

Our mission as a non-profit community organization is to promote economic, cultural, environmental and and social well being in the communities of Daniel McIntyre and St. Matthews

DMSMCA BOUNDARY MAP



Ongoing Programs at DMSMCA

Art Party! & Garden Club

Free arts & crafts for kids/youth of all ages. Tuesday evenings, 5:30-7:30 p.m. until June 16. Summer drop-ins start July 14. See page 3 for details.

Resource Centre

Come by 823 Ellice to use computers, print or fax (10 pages max), make brief local calls, and browse our resources. Hours: Monday, Tuesday, Wednesday: 10 am - 4 pm; Thursday: 1 pm-4 pm; Friday: closed.

Want to stay up to date on all community news and events?

Sign up to receive our Weekly Digest Email! Send a request email to dmsmwinnipeg@gmail.com

Friend us on Facebook: www.facebook.com/DanielMcIntyreStMatthews

Get involved and celebrate a year of community building

By becoming a member of DMSMCA you have the ability to vote on matters that impact the activities of the organization, as well as run for a position on the Board of Directors. Individuals are eligible to become voting members of Daniel McIntyre / St. Matthews Community Association (DMSMCA) Inc. if they:

- reside, volunteer, or work in either the Daniel McIntyre or St. Matthews neighbourhoods
- are at least 15 years of age
- identify and support the aims, beliefs and activities of DMSMCA.

We ask that all members sign in at the AGM with proper documentation, including current address information.

Interested in running for the DMSMCA Board of Directors?

DMSMCA’s mission is to empower the community of Daniel McIntyre/St. Matthews to achieve social, cultural, economic and environmental wellbeing.

Nominations are now open for members to run for the DMSMCA Board of Directors. There are **seven positions** to be elected and filled at the 2015 AGM. You must be a member of DMSMCA to run for a position and be on the Board of Directors (see above for criteria).

If you are interested in running or would like more information, please contact Kemlin at 204-774-7005 ext 101 or director@dmsmca.ca.

DMSMCA Advisory Committees

The neighbourhoods of Daniel McIntyre and St. Matthews are diverse and we want to ensure that the governance of the organization is representative of the people in the community. We are seeking to establish various Advisory Committees that would help shape the long-term vision of the work of DMSMCA as well as provide advice and guidance towards the programs and services offered by DMSMCA.

We are hoping to establish 4 advisory committees comprised of:

1. Aboriginal community
2. Youth community
3. Seniors community
4. Newcomers to Canada community

If you identify with any of these four groups we invite you to offer your guidance to the work of DMSMCA. Each committee would meet 2-4 times per year. This an opportunity to share your ideas and see your community reflected in our programs.

For more info, please contact Kemlin Nembhard at director@dmsmca.ca or 204-774-7005 ext. 101

Daniel McIntyre - St. Matthews Community Association

DMSMCA 823 Ellice Ave

Notre Dame | Portage | Victor | Ingersoll

AGM

JUNE 9TH, 2015

Annual General Meeting

Interested in running for the Board of Directors? Nominations Now Open

Do you reside, work or volunteer within the community proper; Are you at least 15 years of age; and Do you support the aims, beliefs and activities of DMSMCA?

Anyone who meets these requirements can vote at the AGM and run for the DMSMCA Board of Directors.

You must be a member of DMSMCA to run for a position on the Board of Directors. There are 7 positions on the DMSMCA Board of Directors to be elected at the 2015 AGM.

6:30 pm - Member sign-in and registration, refreshments and entertainment

7:00 pm - Meeting, presentations, nominations, board elections, proposed by - law changes

For information on running for the Board of Directors or to RSVP for the meeting, please contact 774-7005 ext. 101 or director@dmsmca.ca

Come celebrate a year of community building!

Free Fence Building Workshop: June 25

A fence is a wonderful addition to a home but it takes a lot of hard work to build one.

This free, hands-on workshop will give you some tips to help save you time and achieve great, lasting results!

Thursday, June 25, 2015
6:30 to 8:30 pm
@ DMSMCA Resource Centre
823 Ellice Avenue at Arlington

To register, call 204-774-7005 or email housing@dmsmca.ca

A community that eats together, keeps together

Summer has arrived. The time has come to enjoy your front porch, to hang out on the stoop, take a walk with friends and to meet new ones. The best way to feel safe in a neighbourhood is to be part of the neighbourhood. Get to know the people around you, come out to community events, say hi to strangers and make small talk with the elders down the street. Our community, like many in the city, experiences challenges of crime rooted in poverty and addiction. But we must remember that these crimes are done by the minority and that the majority of residents display the West End spirit of hard work, generosity and kindness.

The 5 Year Safety Plan
This summer we will be building a **new 5 year safety plan** for the neighbourhoods and we need your help! Through community BBQ's, focus groups and surveys we will be consulting with area residents about what being safe in the neighbourhood looks and feels like and how to get there. We need people's ideas on issues such as residential speeding, lighting, senior isolation, crime, community building, etc. This summer we will also be gathering information to make a new 5 year Greening plan as well. Connections between greening and safety can be found everywhere, such as by enhancing our parks, connecting with neighbours in community gardens and by providing outdoor recreational activities for youth and adults. Watch for posters, flyers and Facebook announcements about the consultations and come out and have your voice and thoughts heard!

Report a Crime Online
Like many neighbourhoods, theft and vandalism affect West End residents, and they usually happen at the worst times. When you come out and see your car window has been smashed, your bike stolen or graffiti sprayed on your fence most people get upset, some

share their stories with neighbours, but only a few will report to the police. People don't report crime to the police for a variety of reasons, yet it is essential for effective policing. Even if the cops don't come out to investigate, the report will help to track trends, shape patrolling and even assist in finding those responsible. Now reporting has become even easier. Less serious crimes, such as theft under \$5000 and property damage, can be done online in only a few minutes. Google "Report a crime online Winnipeg" or go to Winnipeg.ca and the follow links.

Community Barbeques
Throughout the summer we will be putting on community BBQ's in parks, front yards and community gardens near you! These BBQ's are a great way to get to know your neighbours and continue to build a strong community. After all a community that eats together, keeps together. We will also be looking for volunteers to help with Street Safety Audits. We will be using checklists and keen eyes to identify potential dangers such as bulky waste, overgrown bushes, etc. Look out for posters of upcoming BBQ's, or to host a barbeque on your front yard, or a Street Safety Audit give me a call, we supply the food and BBQ, you supply the West End Spirit.

West End Active Living Centre
Calling all seniors, the West End Active Living Centre (WEALC) wants to make sure that you stay active and connected to the community. The Centre, located at Clifton Community Centre, 1315 Strathcona St. offers active programming for seniors 5 days a week as well as monthly lunches, speakers and special events. Here at DMSMCA we are proud to partner to help put on even more outings and community events.



Community BBQ's foster West End spirit

Together in May we put on a successful seniors luncheon for 30 people and also had a great time by chartering a bus and bringing 50 seniors to the **Canadian Museum for Human Rights**. Coming up on **June 26, 2015 there will be a Canada Day Celebration** at Clifton Community Centre with a free BBQ and entertainment.
Everyone from the community is invited to attend. For information on programming for seniors call 204-772-8035 or drop in at our office for a copy of the WEALC Summer Program and calendar.

If you have any safety questions or concerns feel free to contact me. See you on the streets.
Jesse Gair
Community Building and Wellbeing Coordinator
safety@dmsmca.ca
204-774-7005 ext 103

DMSMCA Garden Club!

FREE Drop-in for kids & seniors +55

Wednesdays 3:00-4:00

823 Ellice Avenue

Summer Garden Club
DMSMCA Presents **Summer Garden Club**. Kids and seniors 55+ are welcome to join us every Wednesday from May 20th to August 26th from 3:00-4:00 pm at 823 Ellice Avenue. Garden Club attendees can look forward to fun garden oriented workshop and crafts. We will also be growing our own vegetable and herb garden at Orioles Community Garden (448 Burnell Street). *If you have any questions, please feel free to contact Jaime at kidsgarden@dmsmca.ca or 204-774-7005 ext. 106.*

Summer Art Party 2015!

FREE Drop-in for kids & youth of all ages

Tuesdays and Thursdays 1:30-3:00

823 Ellice Ave.

STARTS JULY 14TH!

Spring has sprung in the West End

Hooray! It is spring again! Birds are singing and eating in our bird feeders, and leaves are growing back. This is the time of year when we can't wait to plant and take care of our garden. In early April, DMSMCA hosted a seed starting workshop, and a few weeks later, a transplanting workshop. All participants planted seeds (carrots, beets, tomatoes, lettuce...) in pots like yogurt containers, toilet paper rolls, and other kinds of containers.

Community Garden Plots
Our community gardens are going to be busy again this year. Many community gardeners will grow vegetables, herbs, and fruits in their plot. These community gardens are not gardens cultivated to feed the community, but gardens offered to community members to allow them to grow their own food. When you visit a community garden and want to pick up some vegetables, please use the community plots. These plots are owned by DMSMCA, and their vegetables are available to everyone.
Spring Clean-up
Spring clean up day was Saturday April 25th this year. We had about 50 volunteers who came to clean our streets.

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Improving the community a thousand dollars at a time

Article and photo By Christian Cassidy, Community Housing and Small Grants Coordinator, DMSMCA

To make the news, grant announcements have to be BIG. Only hundreds of thousands or millions of dollars will do. I’ve never understood this because sometimes just a fraction of that can make a huge difference to an individual or organization.

Regular readers of Our West Central Times and The Front Porch News will have read many stories about the Community Small Grants and Exterior Housing Fix-up Grants available in the Daniel McIntyre and St. Matthews neighbourhoods. Though these grants are small, ranging from \$500 to \$5,000 for Small Grants and \$500 to \$1000 for Housing Grants, they have added up over the years to a huge investment.

When first offered in the 2000's these programs were administered by the Daniel McIntyre / St. Matthews Community Association (DMSMCA). Starting with the 2011-2012 fiscal year, this was transferred to a partner/companion organization of



DMSMRI Housing Fix-Up Grant in action

DMSMCA called Daniel McIntyre / St. Matthews Revitalisation Inc. (DMSMRI).

Funding for the Community Small Grants program comes from the Neighbourhoods Alive! initiative of the Government of Manitoba. From 2011 to 2014 there have been 82 grants awarded to more than 50 groups totalling \$190,430. When combined with the grant recipient’s contribution, the total investment becomes \$469,439.

What programs are supported by the Community Small Grants? Everything from after school drop-in programs to senior’s luncheons to the Orioles Bike Cage. They also fund summer block parties and the publication of this newspaper! For a complete list of organizations that have received a Community Small Grant over the years, see the “Grants” tab at the website www.dmsmri.ca

The Daniel McIntyre St. Matthews Exterior Housing Fix-Up Grant program began in 2007 and is funded by the Province of Manitoba’s Community Housing Improvement Initiative. By the end of 2014, more than 460 properties have received grants totalling \$495,000. When the homeowner’s share of the repair bill is added in, the total investment jumps to \$950,000 and will reach the \$1 million milestone by the end of this summer!

We would like to thank our funding partners and the volunteers who give their time to sort through and award these grants. The dollar value is small but they’ve added up over the years to a huge investment in our community !

Contact Christian with your Housing and Small Grants questions at (204) 774-7005 ext 102 or housing@dmsmca.ca

Community Bed Bug Grant: Q & A

Two things that people of our city love are upon us; warm weather and ‘free stuff’. You must be wondering what I mean by ‘free stuff’, so let me explain. Part of my job as Bed Bug Prevention and Outreach Coordinator is to walk the streets of our neighbourhood looking for **bulky waste** to report to the City of Winnipeg. Often the bulky waste is really nice looking furniture including couches, dressers and mattresses. Many who see this stuff think to themselves that they have ‘won the jackpot’. I mean, who wouldn’t want free furniture?. Well, experience tells me that, although this stuff may be free, it is not a gift by any definition. I can almost guarantee you one of two things: the furniture is either broken, or it has bed bugs on it. I have gone into countless homes of people whose bed bug issues coincided with their new back alley find. This is no coincidence; no one that I have ever met would throw out perfectly good furniture, not one. So, as you enjoy our beautiful spring and summer, remember these wise words: **“if it’s too good to be true, it probably is.”**

I would also like to remind you of two important things. First, we have created a bed bug specific website that will hopefully give you all the relevant information you will need to keep your home bed bug free. There are several videos on the website, including a ‘bed bug basics’ video that is available in 18 different languages! The website is full of helpful resources and I encourage you to check it out. You will find our

website at www.bitebackwpg.com.

The second and more exciting announcement is the creation of a **Community Bed Bug Grant**. This grant is available to homeowners and landlords and is a 50/50 matching grant to a total of \$300. For example, if you were to hire a pest company for the cost of \$600, we would give you \$300 to help cover the cost. If you spent \$100, you would get \$50. I know that you probably have questions, so hopefully the following will answer them:



Who can apply for the grants?

Applicants must be property owners with houses or apartments in the West Central/West Broadway neighbourhoods and New Journey Housing clients. (including the Spence, West Broadway and Daniel McIntyre/St Matthews neighbourhoods). This includes both resident homeowners and landlords with rental properties who have not previously received the Bed Bug Grant.

I am a renter—how can I benefit?

Forward the application to your landlord. They will be able to use the grant to help eliminate bed bugs from your home.

How much are the grants worth?

Grants cover 50% of cost of bed bug treatment or prevention material up to a maximum of \$300.

(Continued on page 5)

Spring has sprung in the West End

(Continued from page 3)

Our e-waste and hazardous drop off site was also a huge success, with about 1728 litres of paint and 987 kg of flammable products and other hazardous materials that were brought in. The e-waste included approximately 3000 kg of old computers, TVs, printers, games...

It appears that this year again, the Spring clean-up was really needed in our neighbourhood. Since this event is only held once a year, we encourage you to go to <http://recyclemyelectronics.ca> to find out where to drop off your e-waste and hazardous materials.

Important Upcoming Dates:

June 8th at 6 pm: Winnipeg Foodshare Co-op AGM at the Ralph Brown Community Center

June 9th at 6:30 pm: DMSMCA AGM



June 13th to June 19th: Bike Week, more information www.bikeweekwinnipeg.com

June 19th: Bike to work day, Orioles Bike Cage and DMSMCA will hold a bike pit stop at the corner of Burn ell and St. Matthews.

If you have any greening or environment questions or concerns feel free to contact me.

Baptiste Marcere
Greening and Environment Coordinator
greening@dmsmca.ca
204-774-7005 ext 104



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BEHIND the FACADE: General Wolfe School

By Christian Cassidy

In the years following World War I the Winnipeg School Division was facing a serious overcrowding issue. Thousands of new children were entering the school system, yet restrictions on construction projects during the war years meant that no new schools could be built.

In 1918 the war was over, and the school board’s architect, J. B. Mitchell, had to play catch-up. He created a new design for city schools; a long, single-storey structure that became known as the “bungalow style”. These buildings had a number of advantages over the multi-storey brick schools of the past. They could be built quickly, maximized the amount of classroom space per square foot, and were easy to add onto in the future.

In 1920, the school board enlisted local architect John Semmens to oversee the construction of a number of new schools. He was well-known for projects such as the Lyceum Theatre and the St. John’s public library branch, and would go on to design Daniel McIntyre Collegiate, and the 1945 reconstruction of St. Matthews Church.

In June 1920, building permits were issued for the first three “Semmens schools”, the largest of which would be called Ellice-Banning School on Banning Street. (It wasn’t until the following year that the name was changed to honour Gen. James Wolfe, whose British troops defeated the Marquis de Montcalm’s French forces on the Plains of Abraham in Quebec.)

Construction went smoothly and the sixteen-classroom school with a capacity of 700 pupils was open in time for the start of the 1920 school year. Initially, General Wolfe housed high school students until Daniel McIntyre Collegiate Institute opened 1923, then it became a junior high. In the summer of 1929, a two-storey, 65,000 addition was built. It added eight classrooms and a basement level assembly hall.

By the 1960’s the school was showing its age; suffer-

ing from poor ventilation, a lack of proper heating system, and was constantly in need of repairs. In 1973, parents organized to demand that a new school be built. Even when the education minister offered \$500,000 to fix the old building, they stood firm.

The issue dragged on until 1975, when the Winnipeg School Division voted in favour of a new \$1.2 million General Wolfe School. Construction got underway that summer.

The new school opened to students in January 1977, with the official opening taking place on March 9th. Principal Charles Martin hosted a farewell tea at the old school for former staff and students, after which the buildings were demolished.

There are many notable past staff and students of General Wolfe School.

The longest serving principal was Herbert Huntley, from 1927 to 1945. He started his teaching career in Melita, Manitoba, and in 1919 was elected the first president of the Manitoba Teachers Federation. He led the organization through the Winnipeg General Strike and its aftermath.

The Maddin children also attended General Wolfe, though at the time it was Janet Maddin, not her brother, filmmaker Guy Maddin, who was thrilling crowds. Voted General Wolfe’s top athlete in 1962-63, she went on to have a successful sprinting career. In 1966, she held sixteen provincial and six national track records, and won four gold medals at the Canadian Track and Field Championships. She also won a silver medal in the 100 metres at the 1967 Pan Am Games in Winnipeg, and in 1970, broke a World Indoor record in the 300 metres.

Christian Cassidy is DMSMCA’s Housing Coordinator and writes about local history at his blog West End Dumplings.



Original General Wolfe School, circa 1930. Photo courtesy of Manitoba Historical Society



New school under construction, 1975. Photo courtesy of U of M Archives, Winnipeg Tribune Fonds



General Wolfe School, present day. Photo by C. Cassidy

Community Bed Bug Grant: Q & A (Continued from page 4)

What types of Costs/Treatments are eligible?

Eligible projects include the hiring of qualified exterminators for chemical or heat treatment, heat treatment for furniture, or for the purchase of bed bug prevention materials such as mattress covers or metal bed frames.

Do grant recipients need to contribute their own money?

Homeowners must contribute at least 50% of the project total. For example, a homeowner with a \$600 treatment costs would receive the maximum \$300 grant. A homeowner with a \$200 project would receive a \$100 grant while a homeowner who spends \$1000 would receive the maximum grant of \$300.

How do I apply?

To apply, follow these steps:

- Make sure you are eligible (you live in the West Central area and have not

previously received the bed bug grant)

- Decide how you want to tackle your bed bug issue. Call Brendan if you need assistance with planning. See contact information below.
- If you are applying for materials, get material estimates from 2 different supply stores.
- If your project requires an exterminator, get 2 written quotes from licensed contractors to show how much the project will cost.
- Complete the application form. You can pick it up at our office at 823 Ellice Ave.
- Submit the two estimates / quotes and application to the DMSMCA office at 823 Ellice Ave R3G 0C3 by mail, email at bedbug.prevention@dmsmca.ca, or by fax at 204-772-1380.
- Homeowners who are approved will be notified in writing.
- Once approved for the grant, purchase service and/or materials. You will be reimbursed when original receipts can be produced.

If you are interested in the Bed Bug Grant or have any questions, feel free to contact Brendan at 204-774-7005 ext 109 or at bedbug.prevention@dmsmca.ca. Funds are limited so get your grant application in before it’s all gone!



Cindy Gilroy
City Councillor for
Daniel McIntyre
Let's work together

510 Main Street
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cgilroy@winnipeg.ca
www.cindygilroy.com



16th Annual Ellice Street Festival : June 5 & 6

As spring has finally sprung in West Central, we’re getting ready for another great **Ellice Street Festival!**

Come celebrate our neighborhood on **June 5th and 6th with the West End Cultural Centre and friends.** All the fun you’ve come to expect from this festival will be fully alive, including **live music**, a **barbecue**, **bouncy houses** and a **Kid’s Carnival** hosted by the Spence Neighbourhood Association.

We’ll be gearing up for the event on Friday, June 5th with a free concert inside the West End Cultural Centre’s Ventura Hall at 8:00 pm. Come on in to see our building and enjoy some music by The **JD Edwards Band** with special guest, **Cassidy Mann.**

On Saturday, June 6th, we’ll be enjoying the weather and each other’s company outside all afternoon, from **12:00 pm to 4:00 pm**

on Ellice Avenue between Sherbrook Ave. and Langside St. **The live local bands** on the outdoor stage will provide the soundtrack for activities for all ages, including **crafts** with volunteers from Ma Mawi and DMSMCA, **wandering performers**, and fun with the Winnipeg Public Library. Our outdoor stage will feature music by **William Prince, Scott Nolan, Fresh IE, Mariachi Ghost**, and will be hosted by **Seanster & The Monsters.**

Get your **bicycle tuned up** or repaired at the Orioles Bike Cage bike repair station and browse the tables with community information and giveaways. Back this year is the **community barbecue**, with \$0.25 hot dogs and juice from noon to 2:00 pm, so get your grub early!

Consider this your invitation to join in the fun and celebrate our community. We’re so looking forward to this unofficial kickoff to

summer and the chance to relax outdoors and enjoy our neighbours' company. Volunteers are always welcome.

For more information, or to get involved, please contact Kerri at the West End Cultural Centre: kerri@wecc.ca or by phone 204-783-6918. Looking forward to seeing you here at the WECC and on Ellice Avenue!



Ellice Street Festival festivities.
Photo by Christian Cassidy.



Wednesday
4-6:30pm on

June 24
July 8
July 22
August 5
August 19
Sept. 2
Sept. 16

Winnipeg FoodShare Coop Presents:

West End Community Market

At the WMC Parking Lot (Toronto and Ellice)

Offering local crafts, homemade baking, fresh fruit, vegetables and more

For more info and vendor inquiry contact
204-783-2834 or
greenimage@spenceneighbourhood.org

Calling all vendors for the West End Community Market

The **West End Community Market** is calling all community **artists, bakers, crafters** and other **market vendors** to sign up to sell your goods this summer. Starting **June 24** there will be a bi-weekly Community Market on Wednesdays from 4-6:30 pm. Tables are free. Just follow health code regulations.

For more information and to sign-up please contact (204)783-2834 or greenimage@spenceneighbourhood.org



By Holly Steele

I met the most amazing woman the other day. Her name is **Simone** and she coordinates free programming for kids ages 6-12 at **Valour Community Centre – Orioles Site** (Orioles Community Centre): After School program, and summer programming. She also coordinates Valour Rocks for ages 7-14. She spoke about the programming for the kids ages 6-12.

Her energy and enthusiasm is contagious; she is so dedicated to the kids in her programs. With a mischievous grin and much laughter she talked about getting super soakers and water balloons and having water fights, food fights, fun pranks, and wacky games with the kids.

A big influence on the kids, Simone has had a positive impact on so many. She has helped kids with trouble communicating to actively participate and have fun in the group. She has helped kids who were having difficulties at home have an opportunity to relax, play, and gain confidence in themselves.

She cooks meals and snacks for the kids. All the food is fresh: nothing processed. The kids help cook as well. Her programs provide experiences and fun activities that they might not have experienced elsewhere. Many of the activities incorporate Indigenous and Métis teachings. They see movies, play BINGO, make all sorts of crafts, they go on field trips, swimming, and get a lot of exercise while having a lot of fun. They have even had sleepover nights at Orioles on Halloween.

Through her words and her actions she teaches kids important lessons like not wasting food, being kind to others, and the importance of playing, being silly, reading, and exploring the world around them. She believes firmly in being fair and being true to her word, and makes sure kids aren't bullied and excluded. Her goal is to give the kids an experience that they will remember, that may positively impact their life.

The programs offered at Valour Community Centre – Orioles Site are all free and are as follows:

- **Orioles After School Program:** Monday to Friday; 3 pm - 6 pm. Ages 6-12
- **Summer Program:** Monday to Friday; 9:30 am – 5:30 pm (July 2 – Aug 28). Ages 6-12

For older kids and teens:

- **Valour Rocks** – Free youth drop in music program: Tuesdays and Thursdays; 4-6 pm Ages 7-14.

To register, drop in at Orioles Community Centre, 448 Burnell St. and fill out a registration form. Your kids will thank you.



Holly Steele is a West End community resident and member of the Our West Central Times Editorial Committee.

Do you know of a hero in the West End that needs to be sung about? Contact Vanessa at (204) 774-7005 ext 105 or email outreach@dmsmca.ca to find out more.

Swimming with the Sherbrook Sharks

By youth contributors Jalen Depass and Somaya Mohammed

Hello, we are Jalen Depass and Somaya Mohammed, and we will be talking to you guys about the Sherbrook Sharks swim team.

The Sherbrook Sharks have swam at the Sherbrook Pool for several years, but Sherbrook Pool is closed for renovations now so they currently swim at Cindy Klassen Pool.

They have both experienced and inexperienced swimmers.

Here are four cool facts about the Sherbrook Sharks:

1. Their coach Elsayed swam as an open water swimmer in Egypt.
2. They have about 30 kids that participate on the Sherbrook Sharks teams.
3. They do dry land training for around one hour per week, playing running games to get fit.
4. The program runs September to June, and tryouts are in the fall.

Thank you to Ang for letting us interview her for this article.



Sherbrook Sharks making waves. Photo by Samuel Kehler



Make at splash at the Kinsmen Sherbrook Pool

By Emma Fieldhouse, Project Coordinator, Friends of Sherbrook Pool

Want to have a say in what happens at your community pool? We want your thoughts on how we can make the Kinsmen Sherbrook Pool the best pool in Winnipeg. Friends of Sherbrook Pool is very pleased to announce the launch of our new Collaborative Programming Model. This model will see the local community and the City of Winnipeg working together to decide what programs should be offered at the pool when it reopens next winter.

The project will give pool users and others from the community an ongoing way to provide input to the City of Winnipeg into recreation services offered at Sherbrook Pool.

As part of this process, Friends of Sherbrook Pool is

hosting a series of community consultations in May and June 2015 where we will be looking for your help in designing the collaboration model, as well as suggestions for fun and diverse programs.

Come out to our Open House at the Daniel McIntyre/St Matthews Community Association at 823 Ellice Ave on Thursday June 11th, 2015. Doors open at 5:30 pm, consultation from 6:00 – 7:30 pm. We hope to see you there! You can also head to our website at <https://friendsofsherbrookpool.wordpress.com> to take our survey, and ensure that your priorities will be reflected in what happens at the improved Kinsmen Sherbrook Pool.

Continuing to work hard for the people of Minto

Andrew Swan
MLA for Minto

892 Sargent Avenue
204-783-9860 | AndrewSwan.ca
Andrew.Swan@YourManitoba.ca

Key budget theme: to protect important public services

By Rob Altemeyer, Wolseley MLA

The budget our government delivered earlier this month contains many important improvements that I am grateful to have the opportunity to highlight here.

The **key theme of the budget** is to protect the important public services like **health** care and **education** from the devastating cuts that many other provinces have implemented. We believe the better route is to **grow the economy**, keep unemployment low and address crucial **social** and **environmental** issues all at the same time. I'm proud to report that multiple independent financial institutions are predicting Manitoba will continue to have one of the strongest economies in the country this year.

The decisions that make up a budget can fundamentally improve the lives of thousands of people. Let's take the minimum wage as an example. When our government was first elected, the minimum wage was only \$6/hr. We have increased the minimum wage every single year since then, and this year's budget will bump it up again to \$11/hour, the second-highest in the country. Even if we assume the 27,500 people working at minimum wage have on average 15 hours per week each, this still amounts to over \$100 million more for lower income people and families every year. Inflation has only been about 30% in this time, so the spending power of thousands of people has been improved by around \$70 million annually by this one decision.

Another great item in this year's budget relates to **affordable housing**. Under our expanded **Rent Assist**

program, 75% of the "median market rent" for a unit will be covered. This works out to an extra \$78 to \$262 per month depending on family size, and is the largest investment in social assistance rates in a generation. Furthermore, we have designed the Rent Assist program to also help lower income households that are not on social assistance. Enabling these households to have up to 75% of their rental costs covered is both smart and fair, and it means our government has actually gone much farther than the requests made by dozens of local anti-poverty organizations.

These are just a sample of the highlights from Manitoba's 2015/16 Budget. If you have any questions about another subject area, or an idea to share that could help make our province an even better place to live, please contact me anytime at wolseley1@yourmanitoba.ca or 204-775-8575.

Rob Altemeyer
MLA – Wolseley.



Are you an Artist or Musician who lives in the West End?

Whether your genre is solo singer songwriter, bluegrass, hip-hop, reggae or DJ we want to hear from you. If you are a writer, painter, sculptor, dancer, illustrator; we can't wait to meet you. We are compiling a database of local West End resident Artists and we would like add your name!

We know that creativity within our community thrives, and we would like to get to know this aspect of our neighbourhood better. This database may be referenced for future events, programs and workshops and will help us to get to know the wide range of amazing talent in our community.

If you would like to be added to the database, please send the following to outreach@dmsmca.ca or call Vanessa at (204) 774-7005 ext 105:

- Your name
- Contact email and phone #
- Type of music you perform or medium of art you use
- website if you have

We look forward to getting to know our artistic community better, thanks and may the Muse be with you!

Smudge the Streets: West End medicine walk


(continued from page 1)

We ask that drum carriers and pipe carriers join us on this special event that showcases the power of living in a good way through diverse cultures walking in unison and strengthening the faith of our neighbourhoods. This walk is planned by youth in the West End neighbourhood and guided by Elders who live,work and volunteer in the areas we will be walking.

Keep your eyes peeled for our upcoming posters and information in the Spence Neighbourhood Association Newsletter as well as the Daniel McIntyre/St Matthews Community Association.

Any questions or concerns about the West End Smudge the Streets Medicine Walk can be directed to Craig Settee or Kevin Settee by email at smudgethestreets@gmail.com

Kinanaskomitin, Miigwetch, Thank you.



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Proudly Serving the Spence Neighbourhood



Rob Altemeyer
MLA for Wolseley
204-775-8575
RobAltemeyer.ca



Spence Neighbourhood Association (SNA)

615 Ellice Ave | 430 Langside Street | 204-783-5000
www.spenceneighbourhood.org

The Spence Neighbourhood Association works with the people of Spence to revitalize and renew their community in the areas of Holistic Housing, Community Connecting, Community Economic Development, Environment and Open Spaces, and Youth and Families.

SPENCE NEIGHBOURHOOD ASSOCIATION BOUNDARY MAP



Upcoming Meetings at SNA

All community members welcome at committee meetings!

Housing Committee meeting
Tuesday, June 2 @ 6:00 pm
@ 615 Ellice Ave.

Community Connecting meeting
Wednesday, June 3 @ 6:00 pm
@ 615 Ellice Ave.

CED Committee meeting
Monday, June 8th @ 6:00 pm
@ 615 Ellice Ave.

Environment and Open Spaces Committee meeting
Thursday, June 11 @ 6:00 pm
@ 615 Ellice Ave.

Youth Committee meeting
Tuesday, June 9th 2015 @ 7:00 pm
@ 430 Langside St.

Rental Safety meeting
Monday, June 15 @ 6:00 pm
@ 430 Langside St.

News bulletin from Building Belonging

We do so many fun activities in **Building Belonging**. In May, we decorated pots to fill with edible nasturtiums for Mother's Day, made our own ice cream and tried archery. This month we're looking forward to another visit from students from the U of W's English Language program to help us make crafts. We'll also head out to the Sister Mac **Family Fun Fest**, and the **JMK Community BBQ**.

Register for our school year program! Monday-Fridays 3:30-6:00 pm, Snack at 4:00 pm. Pickup from John M. King and Sister MacNara schools and Safe Walk/drive home available.

Congratulations to all the BB kids graduating from grade six! Visit us at the **Kids Carnival at Ellice Street Festival** on June 6 to play the games and earn great prizes!

Our **summer programming** will run Monday to Friday 12-4:30 pm starting July 6th.

Wise Kid-netic Energy is once again offering Science & Engineering Camp at the MERC for ages 9-12 from August 10-14. Kids will learn about agriculture, chemistry, natural disasters, and more through hands-on activities with the help of students from the University of Manitoba! We also have spots available in **Fort Whyte's Nature Camp** from August 4-5 for 6-11 year olds. Pick up your registration forms at the MERC!

Special thanks to:

Bandwidth Theatre
Youth With a Mission volunteers Brenda & Emily
The Winnipeg Foundation
Heights Archery
U of W English Language program

Magnus Eliason Recreation Centre (MERC)

430 Langside St.

Open to all kids ages 6-12 at no cost!

Contact Allison and Lauren @ (204) 783-0292 or buildingbelonging@spenceneighbourhood.org

NATURE CAMP!

Jane's Walk reflects Spence neighbourhood's history of community building

In early May, Winnipeggers had the opportunity to join in the worldwide Jane's Walk movement that takes place every May. Jane's walks, inspired by urban activist Jane Jacobs, have grown to take place in over 180 cities and six continents- each one focussed on various elements of communities and neighbourhoods.

Twenty five residents from neighbourhoods throughout the city gathered on Langside St. and walked together through the streets of Spence. The focus of the walk was to gain an understanding of the social dynamics and barriers that the residents of Spence have faced throughout the years, and to see how groups of people have come together in efforts of building community and meeting important community needs. Walk participants and leaders learned from

each other, and were encouraged as they saw housing initiatives, community gardens, and local agencies that are bringing community together in Spence.



*A rich history discovered during this year's Jane's Walk.
Photo by Christian Cassidy.*



Skateboard tricks with Building Belonging



Wise Kid-netic Energy summer camp August 10-14



Hand-decorated Mother's Day planter pots

Spring Forward with Sports at SNA

With Basketball season wrapped up for the year, we are moving quickly into our spring programs. Continuing this year, we have our Spring Futsal Academy and Summer League, hosted in partnership with the University of Winnipeg and Jumpstart. Futsal is a form of short-sided soccer that allows participants increased play time and more touches with the ball, providing them more opportunities to build on a number of physical literacy skills.

You can find us every Tuesday (boys) and Wednesday (girls) at John M. King School starting at 5:30 pm. This program is offered free of charge to ages 8-14, and registration is ongoing. For more information, check out our website www.spenceneighbourhood.org or contact Mubo at sport2@spenceneighbourhood.org.

Inaugural flag football year

In addition to Futsal, we are entering our inaugural year of Flag Football. This year will see 20 participants from the West End and Central neighbourhoods playing in the Football Manitoba Youth Flag Football League, playing games all over the city. This program is being offered this year as an extension of the Winnipeg Youth Football Club (WYFC), a 10 week flag football program held at the University of Winnipeg Health & RecPlex, in partnership with the Winnipeg Blue Bombers. The WYFC saw over



Building skills and friendships on the field

100 participants from Inner-city and North End schools come together under one roof to learn from experts in their field. For more information on the Winnipeg Youth Football Club or the Flag Football Program, please contact Laura at sport@spenceneighbourhood.org

Written by Laura Kathler, Community Sport Program Coordinator, SNA

University of Winnipeg Health & RecPlex Wraps-Up Their First Year

I would like to send out an immense ‘thank you’ to all those who supported Community Programming in our inaugural year at the Health & RecPlex. Thanks to a large number of partnerships, we saw over 950 active users each week accessing a wide range of programs. Programs included Family Drop-In, Sport Manitoba Fit Kids Healthy Kids, Wii Chii-waakanak Pow Wow Club and Hoop Dancing, and a prominent Youth Night. As we evaluate our first year, we will be looking at developing new and innovative programs for community members and organizations of all ages, which aim to eliminate barriers accessing sport and recreation opportunities.

If you would like to book space for the Spring and Summer months (June - August), space is still available. Applications for space for the Fall and Winter Seasons will be available June

1st, and can be accessed online at www.spenceneighbourhood.org or you can contact Laura at sport@spenceneighbourhood.org.

Written by Laura Kathler, Community Sport Program Coordinator, SNA



A great first year at the RecPlex

Youth Drop-in Program is where friendships, feasts and fun happen

Youth Program has been pretty exciting this last little while, and we think it’s just going to keep getting more exciting and busy as we transition into summer programming!

What we’ve been up to:

Recently our Junior Staff, a hardworking team made up of 5 active youth participants, helped put on a BBQ feast in youth program – it was delicious. Speaking of hardworking youth, we made a super-team and had such a fun time at the spring cleanup and we have had so many young cooks and bakers in the kitchen lately! Our Youth Advisory Committee group has been meeting once monthly to discuss all things youth, including programming ideas, needs and goals. Rock-climbing is still going strong, and our climber youth and preparing to eventually get climbing outside this summer. Our Girls Night on Fridays is still going strong and we would like to extend a sincere thank you to **Hope McIntyre** and her fantastic team at **Sarasvati Productions** for the incredible theatre workshops they brought to us. Another big thank you goes out to **Maria Weir** at **Skyzone** who always welcomes us with open arms and supports our Youth Program in so many wonderful ways!



Up and coming young chefs prepping a delicious meal

What is coming up:

We are excited to welcome our new Youth Programmer, **Mischa Pustogorodsky**, to the team! We can’t wait to kick off new activities together this summer. Summer programming will officially begin July 6th. Stay tuned for more summer programming info in the SNA Newsletter and our monthly calendars. As we patiently wait for summer, Youth Program will feature: a **MasterChef competition**, exam and **employment preparation workshops**, the **Ex**, plenty of ice-cream and a **basketball tournament** hosted by SNA and the Junior Staff.

Youth Drop-In Program

Ages 12-18
Monday-Friday from 6:30-9:00 pm
430 Langside St. at the MERC
Enjoy a free healthy meal, fun activities and a safe drive home or bus tickets at the end of the night

Contact Alice Zador:
204-590-6662
newcomer@spenceneighbourhood.org



2015 Provincial Budget highlights: Rent Assist

After so many years of various groups advocating to increase the supports to help families and individuals living in poverty has resulted very promising steps for the 2015 Provincial Government Budget to **reduce poverty for Manitobans**. Please see below for a glimpse of what families and individuals can expect in the coming months.

Sample Household Types	July 2014	July 2015	December 2015	Total Monthly Increase 2015
Two adults-GA-2 children (ages 4-6)	\$480.00	\$525.00	\$742.00	\$262.00
Single Parent w/ 2 children (ages 10-13)	\$521.00	\$566.00	\$742.00	\$221.00
Single Adult General Assistance (GA)	\$435.00	\$460.00	\$513.00	\$78.00
Single Adult w/ disability	\$435.00	\$460.00	\$513.00	\$78.00

This action has put Manitoba ahead of all other Canadian provinces to reduce poverty and restructure Manitoba’s income security system.

To view more information about the **2015 Provincial Budget** visit: <http://www.gov.mb.ca/finance/budget15/papers.html>. You can also find “Budget Paper E - Reducing Poverty and Promoting Social Inclusion 2015”, on the same site.



RENT ASSIST



COMMUNITY UNEMPLOYED
HELP CENTRE

Problems with
Employment Insurance or
Employment and Income Assistance?

Contact us
Phone: 204-942-6556
Toll free: 1-866-942-6556
501-275 Broadway, Winnipeg MB R3C 4M6
Email: cuhc@cuhc.mb.ca Web: www.cuhc.mb.ca

We are a non-profit organization providing a free service.



SNA Housing Supports

The Homeless Outreach Mentor
Assists individuals that are homeless by offering continuous support in finding a place to live until they feel they are ready to do it alone. Connections and networks are made around participants’ needs.

with their tenants. This mediator position ensures that all parties understand their rights and responsibilities and provides support with the goal of keeping people housed.

Office hours: Tuesday to Friday 10 am – 4 pm Closed for Lunch from 12:30 – 1:30 pm

The Rental Safety Coordinator
Assists community members who are having issues with their landlords, and landlords who are having issues

*Spence Neighbourhood Associations
Housing Supports – 615 Ellice
Avenue – (204) 783-4141*





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MAGNUS ELIASON RECREATION CENTRE, 430 LANGSIDE ST.
4 PM - 8 PM | FREE CONCERT | FREE BBQ | BRING LAWN CHAIRS
aboriginalmusicweek.ca

FUNDING PARTNERS



INDUSTRY CHAMPION



We acknowledge the financial support of FACTOR and Canada's Private Radio Broadcasters.

Community Listings

Family & Cultural Day
Wednesday, June 3, 1:00 pm – 6:00 pm
442 Scotia Street
A celebration of First Nations culture, with live dancing and drumming. Free BBQ lunch, along with a traditional feast of homemade stew and bannock served later in the day.

Ellice Street Festival
Saturday June 6, noon-4pm
Annual free festival takes place on Ellice Avenue between Sherbrook and Langside Streets. See page 6 for more.

June Balloon – Free with museum admission
Saturday, June 6, 11:00 am – 3:00 pm
Manitoba Children’s Museum
The Children’s Museum’s 29th birthday celebration, there will be music, games, crafts and cake.

Winnipeg FoodShare Co-op AGM
Monday, June 8, 5-6:30 pm
Join WFC at the Ralph Brown Community Centre, 460 Andrews St. Meet the staff and board, enjoy some snacks and learn about what WFC has been up to this year.

DMSMCA Annual General Meeting
Tuesday, June 9, 6:30 pm
See page 2 for more.

The Force Awakens
Tuesday, June 9, 6:30 pm – 7:30 pm
West End Library - Auditorium
Drop-in – no registration required, free of charge
Tweens are welcome to attend a Star Wars literacy celebration ‘The Force Awakens’. Take part in a variety of Star Wars literacy rich activity stations in a galaxy not so far away!

PACE Event: Anything is Possible
(Parents of Autistic Children Everywhere)
Wednesday, June 10, 6:30 pm – 8:30 pm
Gordon Bell High School, 3 Borrowman Place
A discussion of what the future looks like for Autism Spectrum Disorder

Friends of Sherbrook Pool Open House
Thursday, June 11, 5:30 pm
at DMSMCA 823 Ellice Ave. More info on page 7.

West End Book Club

Thursday, June 11, 6:45 pm – 8:00 pm
West End Library, WELL classroom
Register at the Library or call 204-986-4677

PRIDE – DJ Dance Party
Saturday, June 13, 8:00 pm
West End Cultural Centre

Aboriginal Day Live in Winnipeg
Saturday, June 20, 11:00 am
Fireworks, 11:30 pm
The Forks
Free day-long public event; hosted by APTN, featuring aboriginal marketplace, authentic aboriginal food, children’s activities and more.
www.aboriginaldaylive.ca/winnipeg/winnipeg-live-concert/

Fence Building Workshop
June 25th. 6:30 pm
DMSMCA 823 Ellice Ave
More info on page 2

DMSMCA Annual Summerfest
Saturday, August 8, 12:30-4:30 pm
Save the date for this annual family fun day! Call 204-774-7005, email outreach@dmsmca.ca or visit dmsmca.ca for more details as the date gets closer.

Aboriginal Music Week - Ernest Monias Free Concert & BBQ
Wednesday August 19, 4-8 pm
MERC, 430 Langside
Spence Neighbourhood Block Party. More info on page 11.

Come Try Ringette Day
Sunday, August 23, 1:00 pm – 5:00 pm
MTS Iceplex, 3969 Portage Avenue
Free for children aged 3 to 10
Balloon animals, face painting, and an opportunity to go on the ice and try Ringette.
www.cometryringette.ca

Ongoing Programs

Summer Art Camps
Monday, July 6 – Friday, August 21
Winnipeg Art Gallery, 300 Memorial Boulevard
Register at www.wag.ca
Arts and crafts for children and teens

WCWRC Beading Group
Mondays, 1:00 pm – 4:00 pm

West Central Women’s Resource Centre, 583 Ellice Avenue
Contact 204-774-8975 for more info

FREE Teen Jazz Class
Mondays, 4:00 pm to 5:00 pm
618 Arlington Street
Students must register, please contact Kathleen@theatredancectr.com for more information

Summer Kids Art Party Drop-In
Tuesdays and Thursdays, from July 14 - end of August.
DMSMCA 823 Ellice Ave.
More info on page 3.

Healthy Start for Mom and Me
Tuesdays, 1:30 pm – 3:30 pm
Second Floor MPR, 430 Langside Street
This programming offers workshops alternating between pre-natal and post-natal subject matter. Child minding is available
Contact 204-949-5350 or go to www.hsmm.ca for info

WFC West End Community Market
Every 2nd Wednesday, June 24 - Sept. 16, 4-6:30 pm
WMC parking lot (Toronto and Ellice). More info on page 6

Mindfulness Meditation Drop-in Sessions
Wednesdays, May 6 to August 26, 12:30 pm – 1:00 pm
Bryce Hall Chapel, University of Winnipeg campus
Please contact 204-786-9767 or b.read@uwinnipeg.ca

Garden Club
Wednesdays, Weekly, excluding July 1, 3:00 – 4:00 pm
Daniel McIntyre/St Matthews Community Association, 823 Ellice Avenue
Drop-in, kids and seniors 55+. More info page 3

Call for writers, poets, and journalists of all ages

Our West Central Times is always looking for news articles, short stories, poems, artwork and photography for upcoming issues. No experience necessary! We encourage youth writers to submit.


Upcoming Deadlines: August 7 & November 6

Contact your local editors:
SNA: 204-783-5000 or liaison@spenceneighbourhood.org
DMSMCA: 204-774-7005 or outreach@dmsmca.ca

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