

Proudly Serving
the Spence
Neighbourhood



Rob Altemeyer
MLA for Wolseley
204-775-8575
RobAltemeyer.ca

Our West Central Times is seeking members in the community to join our editorial committee.

Join in on the conversation
Pitch ideas for new articles
Write, edit, contribute

For more information contact
Vanessa Kuzina | DMSMCA
(204) 774-7005 ext: 105

OR
Makaria A. Labun | SNA
(204) 783-5000



Our West Central Times

Do you know someone in our West End community who is passionate about their neighbourhood and making a difference in it? The Our West Central Times community newspaper has started a brand new recurring feature titled 'Unsung Hero of the West End'. We are currently accepting nominations for the next Unsung Hero. Please get in touch with Makaria OR Vanessa with any questions or to nominate a community member.

Are you Interested in contributing to the paper, or interviewing the next Unsung Hero? Let us know!

Makaria | (204) 783-5000 |
liaison@spenceneighbourhood.org
Vanessa | (204) 774-7005 ext. 105
outreach@dmsmca.ca

Wednesday
4-6:30pm on

June 24

July 8

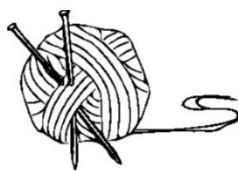
July 22

August 5

August 19

Sept. 2

Sept. 16



Winnipeg FoodShare Coop Presents:

West End Community Market

At the WCM Parking Lot (Toronto and Ellice)

Offering local crafts, homemade baking,
fresh fruit, vegetables and more

For more info and vendor inquiry contact
204-783-2834 or
greenimage@spenceneighbourhood.org

WWW.SPENCENEIGHBOURHOOD.ORG WE'RE ON FACEBOOK; TWITTER & INSTAGRAM:@SNACOMMUNITY

HQ: 615 Ellice Avenue Winnipeg, Manitoba R3G 0A4 Phone (204) 783-2758 Fax (204) 775-1802

430 Langside Street Winnipeg, Manitoba R3B 2T5 Phone: (204)783-5000 Fax: 1-800-515-8757

MAKARIA A. LABUN, Community Liaison Email: liaison@spenceneighbourhood.org

SPENCE NEIGHBOURHOOD ASSOCIATION NEWSLETTER



JULY 2015



Help Create West End 24/7 Safe Space

The West End has no place for young people to go at night if they are feeling vulnerable or are being abused or exploited. It is time for a 24-hour safe space like other communities have - a place where well-trained, compassionate and caring people are ready to provide help and resources to youth in need. In June the plan for West

End 24/7 was completed. Many people came and celebrated this milestone, but the work has just begun. We are now looking for support and involvement from the community. With your help we can make this happen. Three working groups have just started - Admin & Logistics, Outreach, and Public Education & Media. We are now fundraising, performing outreach to youth, and looking for a site. Please consider bringing your skills and passion to the table. Go to facebook.com/WestEnd247 for links to the plan and contact information and meeting dates for the working groups. To get updates emailed to you or any questions please contact Sean anytime. Sean | (204) 995-3465



ABORIGINAL MUSIC WEEK

Aboriginal Music Day

The annual Spence Neighbourhood Block Party is fast approaching! Once again, in collaboration with Aboriginal Music Week, SNA will be hosting a live concert featuring aboriginal artists. The festivities will begin August 19th at 4:00 PM - 8:00 PM. Featured artists include: Winston Wuttunee, Nikki Komaksuitiksak, Joe Maxim Band and special guests. Free Music, Free BBQ, Free workshops with the artists! All ages are welcome, please mark your calendars for this great community event. On the day don't forget to bring your own lawn chairs! Contact Makaria with any questions! Makaria | (204) 783-5000 | liaison@spenceneighbourhood.org



NEW HOURS AT THE 615 ELLICE OFFICE FOR THE SUMMER
The SNA's office on 615 Ellice Avenue will shift to summer hours starting July 6th, 2015. The office is open for all those accessing SNA resources, if you have any questions please contact Brad at the front desk. For the summer months we will be open:
Monday—Friday 1:00 — 4:00 PM
Contact: Brad | (204) 783-2758 | skillsbank@spenceneighbourhood.org

MONDAY	TUESDAY	WENESDAY	THURSDAY	FRIDAY
OPEN 1-4PM	OPEN 1-4PM	OPEN 1-4PM	OPEN 1-4PM	OPEN 1-4PM

Committees & Announcements

Housing Committee: July 7, 6:00 PM | 615 Ellice

Safety Committee: July 8, 6:00 PM | 615 Ellice

EOS Committee: July , 6:00 PM | 615 Ellice

Community Economic Development Committee: July 8, 6:00 PM | 615 Ellice

Youth Committee: adjourned for the summer

Tenants Committee: adjourned for July

SNA Board Meeting: adjourned for the summer

Announcements:

July 1: Canada Day All SNA programming and services closed

July 6: MERC Summer Programming begins!

July 15: Mirror My Message Event

Community Economic Development

As some of you may already know, the SkillsBank program is undergoing some evaluation and change. What this means for this part of the Spence Neighbourhood Association is that the services offered to community members from SkillsBank will temporarily be on hold, so that the impact and effectiveness of the program can be examined. In addition to evaluating the current SkillsBank program, a new summer staff has been hired to work with the community, local businesses and the existing SNA programming to develop a 5-year Community Economic Development Plan. The new 5 year plan will focus on building the Spence neighbourhoods economy in order to generate wealth for community members and businesses alike. Have great ideas? Want to see your community's economy move in a certain direction? Have no idea what Community Economic Development is? Get in contact with Brad at the 615 Ellice office, join the Community Economic Development committee or stay tuned for one of the community consultation events where we will be looking for people like you to help guide the Spence community into a new phase of economic growth!



Sports

With the beautiful weather Winnipeg has been offering, the annual Futsal (Soccer) Program has been up and running for the past 4 weeks. Boys practice Tuesdays and girls practice Wednesdays, both at John M. King School from 5:30-7PM. Youth participating in this program are fortunate to be coached by skilled volunteers in addition to men's and women's athletes from the U of W Soccer Teams. We're still pushing to increase the number of participants in our girls program so registration is still open! Program ends late August. Additionally, we're in to our 5th week of Girls Fitness, a program designed for female youth ages 12 and up to learn how to properly weight lift and participate in fitness training. This program runs Thursdays 7-8PM at the new U of W RecPlex building (350 Spence Street) in the gym (2nd floor). No need for egistration, just come on down! Both the Futsal Program and Girls Fitness are offered at NO COST to individuals so if you know of any female youth who may be interested in participating please put them in contact with:

Mubo Ilelaboye| SNA Sports Program Coordinator
(204) 783-0290 | sport2@spenceneighbourhood.org

RecPlex Community Access Applications Are Out!
Just a reminder that applications for Community Access are now available online! Applications and instructions can be found at www.spenceneighbourhood.org or you can contact Laura for more information. All applications will be reviewed and approved by our Programming Committee, confirmation will be given in mid-August.

Laura | (204) 988-7635 |
sport@spenceneighbourhood.org

PAT MARTIN
MP WINNIPEG CENTRE

Proudly
serving the
West End





(204) 984-1675
pat.martin.c1@parl.gc.ca
www.patmartin.ca


892 Sargent Ave.
Winnipeg, MB
R3E 0C7





Beat On The Street~ Asking community members their opinions on questions that matter.
Q1: What is your favorite moment/aspect of the Ellice St. Festival?

 When Rob Altemeyer and Andrew Swan played hockey together. That was always a fun and fond memory. [Also] when Reverend Harry Lehotsky was around. His presence is missed greatly.
-Jo-ann Moffatt


 The highlight this year was definitely the rain. I love the summer rain. So many buildings are silent all the time. It gives them the opportunity to be represented well.
-Little Bird Singing


 I like that they have the programs for the kids. It's good for people to see inside the WECC. My little guy has taken music lessons here so I've been inside but others haven't. It was [also] good to see the info about the Sherbrook Pool this year.
-Sandra

 Four or five years ago was when we started our drum group. My friend dared me to go up on stage, so I dared her. We played a few songs. It was fun!
-Strong Wind Woman

 I helped organize the first Ellice Street Festi- & [I'm] glad to see it's maintained [...] It's not business-oriented, it's people-oriented.
-Harry Payne

Q2: How do you think the Truth & Reconciliation Commission's report will affect Aboriginal Lives; will it make a difference?

 It's hard for people to talk about [Residetal Schools]. There were a lot of damages. I think a lot of people are scared to talk about it because they don't know what could happen to them... if they'd be thrown in jail or what.
-Strong Wind Woman

 It will change the consciousness for both Aboriginals and whites. It will make us more conscious of [present] struggles and the need to work together.
-Harry Payne

Rental Safety
The Rental Safety Coordinator is here to assist community members with resources to help common tenant issues, like bedbug infested apartments, how to make formal requests for repairs, connecting tenants to appropriate resources for addressing their concerns. Think you have bedbugs in you unit? Live in the Spence Neighbourhood? Call us and we can work with you and your landlord to address the infestation. Looking into or thinking about subsidy housing? Rental Safety can assist you with filling out the applications and help you gather all the required documents. Just want to ask someone questions about your tenancy? stop by our office at 615 Ellice Avenue and ask for Cortney. Our office has forms for making Repair Requests!
Cortney | 204-783-4141

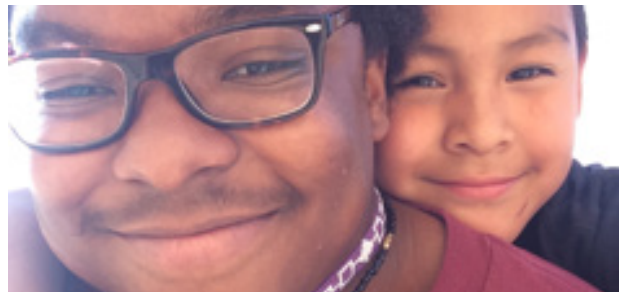


Spence Neighbourhood Association would like to thank Topher's No Frills on 600 Notre Dame for collecting donations for SNA Programs during the period of June 11th - 19th. Over \$1500.00 were raised in support of community programming. Thank you! We look forward to further partnerships.

Continuing to work hard
for the people of Minto

Andrew Swan
MLA for Minto
204-783-9860
AndrewSwan.ca





Homework Club/ Rotary Leadership Circle

Hey! My name is Ryan Lindsay and I'm the new Homework Club and Rotary Coordinator for the Spence Neighbourhood Association. I'm a University of Manitoba student in the Faculty of Arts and before joining SNA full-time I volunteered at the MERC for a little over half a year. I officially started in May and my first month working here has been wonderful; the staff, youth, and community members I have met so far have all been very welcoming of me. I can't wait to get more involved in the Spence community and do whatever I can to make this summer the most enjoyable for the kids involved in programs with SNA! I've learned a ton from the first month of working in Homework Club and planning activities for this summer's Rotary program. In Homework Club we are currently in the middle of exam prep for the older kids, and for the younger ones things are more of the status quo. I've expanded the subjects of study for the younger (under 12) children to include geography, social studies, and a focus on studies of local indigenous cultures instead of just math worksheets and reading. Hopefully this variety of topics will grab their attention and inspire them to get interested in learning more. I've already had requests from some youth to get more worksheets about famous women in history which I'm very excited about!

Concerning Rotary, I've been solely in the preparation phase, booking volunteer opportunities, events, and field trips for the kids to attend to complete their hours. Applications for the program are out, and spots are filling very quickly! For the kids (ages 10-14) who need an application, or for anyone who has questions about the program, I can be contacted either by phone or email at the information provided below.

Ryan Lindsay | Homework Club/Rotary Coordinator
rotary@spenceneighbourhood.org | (204) 783-0292



Building Belonging

Registration is open for our summer programming which starts July 6! We'll take in a magic show, and check out a play at the Winnipeg Fringe festival, learn how to fish, go swimming at the outdoor pools, work in our Kids Garden and help paint a mural in our community with the West End Biz. Two local youth will work with us through SNA's First Jobs for Youth program and we'll be joined by a French speaking student through the Ymca-Ywca's Student Work Summer Exchange program. Music @ the MERC will once again offer free music lessons on Thursdays from 2:30-6:30pm starting July 2! No instruments needed. We're also very excited to offer several unique camp opportunities to kids in our community. There's still space to sign up! Youth Agencies Alliance's Juni Camp July 27-29 will give kids ages 6-11 the full camp experience for three days out at Moose Lake with canoeing, fishing and swimming. Wise Kid-netic Energy's Science & Engineering Camp at the MERC for ages 9-12 runs from August 10-14 during our regular program hours. Kids will learn about topics like agriculture, chemistry and natural disasters through hands-on activities with the help of students from the University of Manitoba. Kids ages 6-11 can experience outdoor adventures at Fort Whyte's Nature Camp Aug. 4-5 from 9-4pm. Pick up your registration forms at the MERC!

Special Thanks:

- | | |
|---|---|
| <ul style="list-style-type: none">• Jess Aliaga Labun• Kidsfest• University of Winnipeg English Language Program volunteers• Friends of Sherbrook Pool | <ul style="list-style-type: none">• Greg & Oonaugh Wood• Winnipeg Fringe Festival• The Winnipeg Foundation• City of Winnipeg Learn to Fish• West End Biz's Mural Mentorship |
|---|---|



Violence Prevention Project

Over the past 5 months, youth out of the Magnus Eliason Recreation Centre have been meeting once a week to discuss topics surrounding violence and violence prevention principles. The one hour sessions are held on Wednesday evenings and average around 20 participants. The goal of the Violence Prevention Project is to empower youth in the West End to become leaders of change in anti-violence projects for their peers and provide them with the knowledge and skills to impact program development in the future. After completing the 24 week series, the youth will receive funds to implement what they have learned and use the skills they gained to make changes in the recreation centre and the community. Look for our community event "Mirror My Message" coming this July! The following are examples of topics covered during the workshops:

- Violence against women and girls
- The role of media in gender violence
- Dating violence
- Missing and murdered Indigenous women
- Cyber bullying
- Women making a difference
- Youth gangs
- And so much more!

For more information about the project and ways to get involved, please contact:

Maja Aziraj | Violence Prevention Project Coordinator
vpc@spenceneighbourhood.org



Cindy Gilroy

City Councillor for
Daniel McIntyre

Let's work together

510 Main Street
(204) 986-5951

cgilroy@winnipeg.ca
www.cindygilroy.com





Community Connecting

June has been a busy month for us in Safety and Community Connecting! We have come together as residents to walk the back lanes of the neighbourhood, assessing safety concerns such as arson risk, bulky waste, and graffiti. We have delivered back lane address plates free of cost to community members so that everyone, including emergency vehicles, will be oriented in the back alleys behind our homes. It has been a great time of learning the resources available to us in Spence that are easily accessed to increase our wellbeing in the community- and who we can contact regarding our concerns!

Community Connecting events have drawn out our creative sides this month as we participated in a clay-sculpting workshop and poetry hearing at Art Beat Studio Central. We also gathered together to make bannock. A special thanks to Bimbiizidkwe Eliza for her leadership in helping to create what we hope to be ongoing cooking and baking events on the calendar for the community connecting program! It has been a blast for us to get to know each other as a community through these events, and we look forward to more of them in the coming months!

To speak to somebody about your safety concerns, or for more information about community connecting opportunities, contact:

Kristen | 204-783-2758 | 615 Ellice Avenue



JULY 2015

The **Spence Neighbourhood Association** works with the people of Spence to revitalize and renew their community in the areas of *holistic housing, community connecting, community economic development, environment and open spaces, and youth & families.*

We want to connect with you!



www.spenceneighbourhood.org | (204) 783-5000 | liaison@spenceneighbourhood.org

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
EOS: Environment & Open Spaces CED: Community Economic Development WECM: West End Community Market: Toronto @ Ellice, parking lot Mirror My Message: Community Event, RSVP on Facebook! Youth Drop-in: Keep your eyes peeled for daytime programming! 615 Ellice Office: Summer hours begin July 6 – Monday-Friday 1- 4 PM Futsal: Boys: Wednesdays Girls: Thursdays, 5:30 @ John M King			1 CANADA DAY! MERC CLOSED	2 BB & Y: no programming Drop-in: 10:00 AM – 10:00 PM	3 BB & Y: no programming Drop-in: 10:00 AM – 10:00 PM	4 FP: 10:00 AM– 4:00 PM Y: 4:00 – 10:00 PM
5 FP: 10:00 AM– 4:00 PM Y: 4:00 – 10:00 PM	6 BB: 12- 4:30 PM Y: 5:30 – 9:30 PM SUMMER PROGRAMMING HOURS BEGIN!	7 BB: 12- 4:30 PM Y: 5:30 – 9:30 PM Housing Committee: 6PM @ 615 Ellice	8 BB: 12- 4:30 PM Y: 5:30 – 9:30 PM WECM: 4:00 – 6:30 PM @ WCM parking lot Safety Committee: 6PM @ 430 Langside	9 BB: 12- 4:30 PM Y: 5:30 – 9:30 PM EOS Committee: 6PM @ 615 Ellice	10 BB: 12- 4:30 PM Y: 5:30 – 9:30 PM	11 FP: 10:00 AM– 4:00 PM Y: 4:00 – 10:00 PM
12 FP: 10:00 AM– 4:00 PM Y: 4:00 – 10:00 PM	13 BB & Y: no programming Drop-in: 10:00 AM – 10:00 PM CED Committee: 6PM @ 615 Ellice	14 BB: 12- 4:30 PM Y: 5:30 – 9:30 PM	15 BB: 12- 4:30 PM Y: 5:30 – 9:30 PM Mirror My Message 6PM @ 430 Langside	16 BB: 12- 4:30 PM Y: 5:30 – 9:30 PM	17 BB: 12- 4:30 PM Y: 5:30 – 9:30 PM	18 FP: 10:00 AM– 4:00 PM Y: 4:00 – 10:00 PM
19 FP: 10:00 AM– 4:00 PM Y: 4:00 – 10:00 PM	20 BB: 12- 4:30 PM Y: 5:30 – 9:30 PM	21 BB: 12- 4:30 PM Y: 5:30 – 9:30 PM	22 BB: 12- 4:30 PM Y: 5:30 – 9:30 PM WECM: 4:00 – 6:30 PM @ WCM parking lot	23 BB: 12- 4:30 PM Y: 5:30 – 9:30 PM	24 BB: 12- 4:30 PM Y: 5:30 – 9:30 PM	25 FP: 10:00 AM– 4:00 PM Y: 4:00 – 10:00 PM
26 FP: 10:00 AM– 4:00 PM Y: 4:00 – 10:00 PM	27 BB: 12- 4:30 PM Y: 5:30 – 9:30 PM	28 BB: 12- 4:30 PM Y: 5:30 – 9:30 PM	29 BB: 12- 4:30 PM Y: 5:30 – 9:30 PM	30 BB & Y: no programming Drop-in: 10:00 AM – 10:00 PM	31 BB: 12- 4:30 PM Y: 5:30 – 9:30 PM	

NOTE: BB = Building Belonging (6-12 yrs) | Y = Youth (13-18 yrs) | FP = Free Play (6-12 yrs). Activities are held at 430 Langside St.